

Promotional text you can use (if you want) alongside the flyer of or congress - make sure to tag us, especially on LinkedIn!

<https://www.linkedin.com/company/eabct2026/>

Save the date!

We are excited to invite you to the **EABCT Congress 2026** in the heart of Europe: Brussels!

From September 17th to 19th, we will gather to share knowledge, innovation, and connection within the field of behavioral and cognitive therapies. This year's theme is:

✨ "Unique as we are" ✨

Whether you are an experienced clinician, a researcher, or a student, you are welcome. In fact, we welcome everyone—even those from outside the CBT field—who shares our passion for mental health.

Why join us?

-  High-quality keynote speakers and workshops.
-  Experience the magic of Brussels (and Belgian chocolates!).
-  Network with colleagues from all over the world.

Let's celebrate diversity and clinical excellence together.

We encourage all members of our national association to join this European gathering of minds.

 **Find all details and register here:** <https://eabctcongress.org/>

 Stay up to date by signing up for the newsletter (approx. once per month)!

#EABCT2026 #CBT #Brussels #MentalHealth #Psychology #UniqueAsWeAre

