

## THURSDAY 17 SEPTEMBER

| Time   | Hall        | Talk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
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| 8:30am | Copper Hall | <b>Keynote: The Mental Health Trap of Poverty</b><br>Bram Vervliet                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 8:30am | Hall 100    | <b>Keynote: TBA</b><br>Peter Phiri                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 8:30am | Hall 400    | <b>OP1: Youth Mental Health and Development</b><br>Long Covid in Children and Young People: Where does CBT fit in?<br><u>Anna Coughtrey</u> , Roz Shafran, Snehal Pinto Pereira, Terence Stephenson<br><br>On the Protective Role of Self-Compassion Throughout the Postpartum Period<br><u>Katrijn Brenning</u> , lumein hillewaert<br><br>Addressing Child Anxiety Treatment Gap in Czechia: Parental Needs and Parent-Led CBT Adaptation<br><u>Marie Polaskova</u> , Marta Fiserova<br><br>Into the Worry Spiral: A Qualitative Study Exploring the Cognitive-Behavioural Mechanisms of Generalised Anxiety Disorder in Adolescents<br><u>Lottie Shipp</u> , Polly Waite, Eleanor Leigh, Ray Percy<br><br>Repetitive negative thinking in adolescence: a mixed methods study<br><u>Nikki Huang</u> , Michelle Moulds, Jill Newby, Aliza Werner-Seidler |
| 9:30am | Copper Hall | <b>S122: Addressing Youth Mental Health Needs Across Educational Systems: From Needs Assessment to Intervention Development and Effectiveness</b><br>Natalia Aguayo-Verdugo, Jala Rizeq, Denise Bodden, Jennifer de Lange                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 9:30am | Hall 100    | <b>S128: Clinical Trajectories of Insomnia Across Emotional Disorders: A Process-Based Perspective</b><br>Audrey Krings, Colleen Carney, Geneviève Belleville, Emilie Stern                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |

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| 9:30am  | Hall 400    | <b>SC263: CBT for Avoidant/Restrictive Food Intake Disorder</b><br>Hakan Öğütlü                                                                                                                                                   |
| 11:30am | Copper Hall | <b>Keynote: From Restructuring to Relating: How Compassion Transforms the Therapeutic Process in Cognitive Behavioral Therapy</b><br>Niki (Nicola) Petrocchi                                                                      |
| 11:30am | Hall 100    | <b>Keynote: Advances in personalized and precision mental health care</b><br>Jaime Delgadillo                                                                                                                                     |
| 11:30am | Hall 400    | <b>Keynote: From Idiographic Case Formulation to Evidence-Based Transdiagnostic CBT in Real-World Settings</b><br>Ebru Şalcıoğlu                                                                                                  |
| 1:30pm  | Copper Hall | <b>S130: CBT for anxiety and OCD in children: the role of parents and school professionals</b><br>Lidewij Wolters, Maaïke Nauta, Sanne Kleiborn, Juul Veeger, Ron Rapee                                                           |
| 1:30pm  | Hall 100    | <b>S163: Embracing the complexity of emotion dysregulation: a multidimensional and transdiagnostic perspective</b><br>Alejandra Vaqué, Maria Benkirane, Elena Costache, Louise Perrin                                             |
| 1:30pm  | Hall 400    | <b>Panel Discussion: Men and Mental Health – Are We Letting Men Down?</b><br>Saiqa Naz, Nicholas Petrovic, Ercan ALTINOZ                                                                                                          |
| 3:30pm  | Copper Hall | <b>S478: Depressive symptoms in children and adolescents: associated factors and their role in (anxiety) treatment</b><br>Bonny van Steensel, Anke Klein, Denise Bodden, Liesbeth de PaauwTelman, Heleen Goemaere, Caroline Braet |
| 3:30pm  | Hall 100    | <b>S141: From Detection to Treatment: Trauma-Related Mechanisms and CBT-Informed Interventions in Intimate Partner Violence</b><br>Nicole van Gelder, Erica Pugliese, Federica Nava, Federica ViscoComandini                      |
| 3:30pm  | Hall 400    | <b>S172: Transdiagnostic Applications of Exposure Therapy: Expanding the Boundaries of Behavioural Treatment</b><br>Skye King                                                                                                     |

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| 5pm | Copper Hall | <b>Keynote: Improving CBT from Molecules to Models</b><br>Stefan G. Hofmann |
| 5pm | Hall 100    | <b>Keynote: TBA</b><br>John Pachankis                                       |
| 5pm | Hall 400    | <b>Keynote: TBA</b>                                                         |

## FRIDAY 18 SEPTEMBER

| Time    | Hall        | Talk                                                                                                                                                          |
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| 8:30am  | Copper Hall | <b>Keynote: Cultural Adaptation of CBT for Youth Anxiety and Depression in Non-WEIRD Nations</b><br>Cecilia A. Essau                                          |
| 8:30am  | Hall 100    | <b>Keynote: Digital Mental Health: From Promise to Practice to Pause?</b><br>Ioana R. Podina                                                                  |
| 9:30am  | Copper Hall | <b>S380: Growing up in a world of crises – A transdiagnostic view on youth mental health</b><br>Julia Asbrand, Tanja Michael, Pascal Aggensteiner, Tina Malti |
| 9:30am  | Hall 100    | <b>S445: Improving access to CBT in different countries</b><br>Samuli Saarni, Joshua Buckman, Marit Knapstad, Sandra Sassarolli, Rob Saunders, Roger Munoz    |
| 9:30am  | Hall 400    | <b>SC106: Innovative Model for the Wise and Competent Mode in schema therapy</b><br>Diana Teodorescu                                                          |
| 11:30am | Copper Hall | <b>Keynote: Unique as We Are: Engaging Clients with Tailored CBT Homework</b><br>Nikolaos Kazantzis                                                           |
| 1:30am  | Hall 100    | <b>Keynote: Social Anxiety Disorder: bringing cognitive and contextual models together</b><br>Maria do Céu Salvador                                           |

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| 11:30am | Hall 400    | <b>Keynote: Tabletop role-playing games as transdiagnostic therapeutic tools</b><br>Joël Billieux                                                                                                                                                   |
| 1:30pm  | Copper Hall | <b>S60: Mechanisms and Clinical Relevance of Loneliness: From Maintaining Factors to Intervention</b><br>Carmen van den Bulck, Antonia Ypsilanti, Corine Dijk, Thomas Cawthorne, Frankie Wardale                                                    |
| 1:30pm  | Hall 100    | <b>S210: Optimizing exposure in cognitive behavioral treatments for anxiety disorders in youth</b><br>Anke Klein, Lara Farrell, Iris Langereis, Robin Zimmerman, Maaïke Nauta                                                                       |
| 1:30pm  | Hall 400    | <b>Panel Discussion: Integrating Cognitive Behavioral Therapy into Chronic Pain Management: Psychiatric and Pain Medicine Perspectives</b><br>Kadir Özdel, Hakan Gunduz, Savaş Şencan, Sena Ece Ilgin                                               |
| 3:30pm  | Copper Hall | <b>S592: Improving Access to Transdiagnostic CBT for Anxiety and Depression in Spanish Primary Care: Evidence from the PsicAP Project</b><br>Roger Munoz, Gabriel Esteller Collado, Maider Prieto Vila, Francisco Arnaldo Fernández, Henry Delamain |
| 3:30pm  | Hall 100    | <b>S171: Repetitive Negative Thinking Across Contexts and Disorders: From Mechanisms to Intervention</b><br>Thomas Ehring, Joanna Joy Hunsmann, Filip Raes, Daniel Tönsing, Daniel Freeman                                                          |
| 3:30pm  | Hall 400    | <b>SC145: Emotion regulation techniques from the Unified Protocol for individuals with Intellectual disability</b><br>Paulina Arango, Maria Consuelo San Martin                                                                                     |
| 5pm     | Copper Hall | <b>Keynote: Can we enhance the efficacy of cognitive reappraisal by systematically co-manipulating so-mato-sensoric information processing</b><br>Matthias Berking                                                                                  |
| 5pm     | Hall 100    | <b>Keynote: Looking Back and Looking Forward on Mental Health in Intellectual and Developmental Disabilities</b><br>Romina Rinaldi                                                                                                                  |
| 5pm     | Hall 400    | <b>Keynote: TBA</b>                                                                                                                                                                                                                                 |

## SATURDAY 19 SEPTEMBER

| Time    | Hall        | Talk                                                                                                                                                                                                                  |
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| 8:30am  | Copper Hall | <b>Keynote: Beyond Survival: Attentional Control, Emotional Resilience and Implications for Healthcare Policy</b><br>Nazanin Derakhshan                                                                               |
| 8:30am  | Hall 100    | <b>Keynote: A review of evidence-based psychological interventions for psychosis</b><br>Frank Larøi                                                                                                                   |
| 9:30am  | Copper Hall | <b>S80: Psychological Rich Life and Generalised Anxiety in Emerging Adults: Mediating Roles of Resilience and Emotional Processes with Implications for Psychotherapy</b><br>Murat Yildirim, Mustafa Ercengiz         |
| 9:30am  | Hall 100    | <b>S487: Understanding Change in Compassion-Based Interventions: Mechanisms, Self-Relating, and Psychological Processes</b><br>Niki (Nicola) Petrocchi, Jelle Lubbers, Vera Scheepbouwer, Imke Hanssen, Marcela Matos |
| 9:30am  | Hall 400    | <b>SC184: CBT Skills for Female Sexual Interest/Arousal Disorder: Modifying Dysfunctional Sexual Standards and Restoring Erotic Engagement</b><br><u>Bengü Yücens</u> , Ayşegül Kart Dalyan, Şengül Altınöz           |
| 11:30am | Copper Hall | <b>Keynote: From Preventing Depression to Promoting Human Flourishing: MBCT Comes of Age</b><br>Willem Kuyken                                                                                                         |
| 11:30am | Hall 100    | <b>Keynote: Emotion, Culture, and Therapy: Why “Not-Knowing” must also be “Culturally Informed”</b><br>Jozefien De Leersnyder                                                                                         |