



Wednesday, 16 September

8:30am	Pre-Congress Workshop: Process-based Therapy <i>Copper Hall</i>
	Process-based Therapy » Dr. Stefan G. Hofmann
8:30am	Pre-Congress Workshop: Making Homework Work: Collaborative Strategies to Motivate and Tailor CBT Assignments
	Making Homework Work: Collaborative Strategies to Motivate and Tailor CBT Assignments » Dr Nikolaos Kazantzis
8:30am	Pre-Congress Workshop: Recognizing and responding to how and why LGBTQ clients are unique
	Recognizing and responding to how and why LGBTQ clients are unique » John Pachankis
8:30am	Pre-Congress Workshop: Understanding and Transforming Self-Criticism in Compassion Focused Therapy: From Inner Attack to Inner Care <i>Studio 202</i>
	Understanding and Transforming Self-Criticism in Compassion Focused Therapy: From Inner Attack to Inner Care » Niki (Nicola) Petrocchi
8:30am	Pre-Congress Workshop: Integrating Mindfulness into Cognitive Behavioural Therapy Making Therapy More Effective, Engaging, and Sustainable <i>Studio 204</i>

	Integrating Mindfulness into Cognitive Behavioural Therapy Making Therapy More Effective, Engaging, and Sustainable » Willem Kuyken
8:30am	Pre-Congress Workshop: Preventing youth anxiety and depression: Lifestyle interventions and CBT-Based skills <i>Studio 206</i>
	Preventing youth anxiety and depression: Lifestyle interventions and CBT-Based skills » Cecilia Essau
8:30am	Pre-Congress Workshop: Essential Skills for Transdiagnostic CBT in Everyday Clinical Practice <i>Studio 211</i>
	Essential Skills for Transdiagnostic CBT in Everyday Clinical Practice » Ebru Salcioglu
8:30am	Pre-Congress Workshop: Between you and me: Dealing with patterns, building connection. A Schematherapy approach for high-conflict couples <i>Studio 212</i>
	Between you and me: Dealing with patterns, building connection. A Schematherapy approach for high-conflict couples » Paul Schobre
8:30am	Pre-Congress Workshop: Preventive Cognitive Therapy for Depression: An Evidence-Based Approach to Reduce Relapse Risk: why and how <i>Studio 213</i>
	Preventive Cognitive Therapy for Depression: An Evidence-Based Approach to Reduce Relapse Risk: why and how » Claudi L. Bockting



Continued from **Wednesday, 16 September**

8:30am **Pre-Congress Workshop: Introduction to the Affect Regulation Training**
Studio 214

Introduction to the Affect Regulation Training
» Prof. Dr. Matthias Berking

8:30am **Pre-Congress Workshop: CBT for Social Anxiety Disorder with Adolescents: bridging the gap and Integrating ACT and CFT into our practice**
Studio 215

CBT for Social Anxiety Disorder with Adolescents: bridging the gap and Integrating ACT and CFT into our practice
» Maria do Céu Salvador

8:30am **Pre-Congress Workshop: La TCD sur mesure : adapter sans diluer**
Studio 216

La TCD sur mesure : adapter sans diluer
» Dominique Page

Thursday, 17 September

8:30am **Keynote: The Mental Health Trap of Poverty**
Copper Hall

The Mental Health Trap of Poverty
» Bram Vervliet

8:30am **(Keynote title)**
Hall 100

» Peter Phiri

8:30am **WS1: Dissociation-Focused Cognitive Behavior Therapy (DF-CBT)**
Studio 311

Dissociation-Focused Cognitive Behavior Therapy (DF-CBT)
» [Alexis Vancappel](#)

8:30am **WS2: Infidelity and its consequences: Is it possible to re-build trust following affairs?**
Studio 312

Infidelity and its consequences: Is it possible to re-build trust following affairs?
» [Mehmet Sungur](#)

9:30am **S122: Addressing Youth Mental Health Needs Across Educational Systems: From Needs Assessment to Intervention Development and Effectiveness**
Copper Hall

Addressing Youth Mental Health Needs Across Educational Systems: From Needs Assessment to Intervention Development and Effectiveness
» [Natalia Aguayo-Verdugo](#), Jala Rizeq, Denise Bodden, Jennifer de Lange

9:30am **S128: Clinical Trajectories of Insomnia Across Emotional Disorders: A Process-Based Perspective**
Hall 100

Clinical Trajectories of Insomnia Across Emotional Disorders: A Process-Based Perspective
» [Audrey Krings](#), Colleen Carney, Geneviève Belleville, Emilie Stern

9:30am **SC263: CBT for Avoidant/Restrictive Food Intake Disorder**
Hall 400



Continued from **Thursday, 17 September**

CBT for Avoidant/Restrictive Food Intake Disorder

» [Hakan Öğütlü](#)

9:30am

S400: Advancing Personalized Mental Health Care: EMA, Digital Tools, and Virtual Reality

Studio 201 A-B

Advancing Personalized Mental Health Care: EMA, Digital Tools, and Virtual Reality

» Nancy Kramer Freher, [Claudi Bockting](#), Rosa Baños, Moniek Zeegers, Neelke de Jonge

9:30am

S90: Advancing Causal Explanation in Mental Health: Dynamic Systems, Causal Inference, and Necessity Causality

Studio 202

Advancing Causal Explanation in Mental Health: Dynamic Systems, Causal Inference, and Necessity Causality

» Igor Marchetti, [Ernst Koster](#)

9:30am

S65: Bringing the Unified Protocol to the Clinical Frontline: Transdiagnostic CBT in Primary and Preventive Care for Emotional Disorders

Studio 204

Bringing the Unified Protocol to the Clinical Frontline: Transdiagnostic CBT in Primary and Preventive Care for Emotional Disorders

» [Nina Reinholdt](#), Jorge Osma, Ines Carvalho, Elisabeth Schanche

9:30am

S110: Complex PTSD: Integrating Mechanisms, Lived Experience, and Treatment Outcomes

Studio 206

Complex PTSD: Integrating Mechanisms, Lived Experience, and Treatment Outcomes

» [Reuben Kindred](#), Phillipa Huynh, Chris Hoeboer, Sofie Folke, Thomas Ehring

9:30am

S83: Emotional Contagion and Emotional Reactivity: Emotional Awareness as a Transdiagnostic Mechanism Relevant to CBT

Studio 211

Emotional Contagion and Emotional Reactivity: Emotional Awareness as a Transdiagnostic Mechanism Relevant to CBT

» [Mustafa Ercengiz](#), Murat Yildirim

9:30am

S457: Advances in understanding interpretation bias modification for anxiety

Studio 212

Advances in understanding interpretation bias modification for anxiety

» [Frances Meeten](#), Eliza Ferguson, Anika Zhang, Elske Salemink, Colette Hirsch

9:30am

S320: Evidence-based CBT for suicide prevention in people experiencing psychosis: Mixed method research to understand mechanisms and stakeholder acceptability

Studio 213

Evidence-based CBT for suicide prevention in people experiencing psychosis: Mixed method research to understand mechanisms and stakeholder acceptability

» [Yvonne Awenat](#), Gillian Haddock, Lee Mulligan, Adam O'Neill

9:30am

S75: Adapting the Unified Protocol for transdiagnostic treatment of emotional disorders to individuals and settings with high complexity

Studio 214



Continued from **Thursday, 17 September**

Adapting the Unified Protocol for transdiagnostic treatment of emotional disorders to individuals and settings with high complexity

» [Óscar Peris-Baquero](#), Maria Consuelo San Martin, Jorge Osmá, Verónica Martínez-Borba, Trini Peláez-Martínez

9:30am **SC392: OCD Unlocked: Evidence-Based CBT Strategies for Immediate Impact**
Studio 215

OCD Unlocked: Evidence-Based CBT Strategies for Immediate Impact

» [Lata McGinn](#)

9:30am **S363: An Interpersonal Perspective on the Development, Course, and Treatment of Psychopathology**
Studio 216

An Interpersonal Perspective on the Development, Course, and Treatment of Psychopathology

» Carmen van den Bulck, Corine Dijk, Kyra Verboon, [Jacqueline Peters](#), Juan Martin Gomez Penedo

11:15am **S126: Mindfulness-Based Interventions for health care professionals**
Studio 201 A-B

Mindfulness-Based Interventions for health care professionals

» Anne Speckens, [Willem Kuyken](#), Sabien Bosman, Elena Nixon, Imke Hanssen

11:15am **S104: Compassion and Mindfulness**
Studio 206

Compassion and Mindfulness

» Johannes Michalak, [Aaron Mroß](#), Melis Gun Ertan, Andreas Voldstad, Johannes Graser

11:15am **S100: Biobehavioral Synchrony and the Transmission of Stress Resilience in Families: Insights from a Belgian Multicenter Project**
Studio 211

Biobehavioral Synchrony and the Transmission of Stress Resilience in Families: Insights from a Belgian Multicenter Project

» Rudi De Raedt,, [Matias Pulpulos](#), Michel Sfeir, Nadischa Dierdorp, Mariah Matar, Sien Verelst, Mélanie De Leener

11:15am **SC147: From the cruellest cure to pleasant surprises: a transtheoretical approach to optimising extinction learning in exposure therapy**
Studio 212

From the cruellest cure to pleasant surprises: a transtheoretical approach to optimising extinction learning in exposure therapy

» [Matt Stalker](#), George Wheatley

11:15am **SC241: Pratiquer la décision partagée en TCC : entrainer les compétences pour adapter les interventions à chaque patient**
Studio 213

Pratiquer la décision partagée en TCC : entrainer les compétences pour adapter les interventions à chaque patient

» [Manon Goosse](#)

11:15am **SC151: Underused skills for overused substances: skills from DBT for substance use disorders**
Studio 214

Underused skills for overused substances: skills from DBT for substance use disorders

» [Emily Cooney](#)

11:30am **Keynote: From Restructuring to Relating: How Compassion Transforms the Therapeutic Process in Cognitive Behavioral Therapy**
Copper Hall



Continued from **Thursday, 17 September**

From Restructuring to Relating: How Compassion Transforms the Therapeutic Process in Cognitive Behavioral Therapy

» Niki (Nicola) Petrocchi

11:30am **Keynote: Advances in personalized and precision mental health care**
Hall 100

Advances in personalized and precision mental health care

» Jaime Delgado

11:30am **(Keynote title)**
The Arc

11:30am **Keynote: From Idiographic Case Formulation to Evidence-Based Transdiagnostic CBT in Real-World Settings**
Hall 400

From Idiographic Case Formulation to Evidence-Based Transdiagnostic CBT in Real-World Settings

» Ebru Şalcioğlu

1:30pm **S130: CBT for anxiety and OCD in children: the role of parents and school professionals,**
Copper Hall

CBT for anxiety and OCD in children: the role of parents and school professionals

» Lidewij Wolters, Maaïke Nauta, Sanne Kleiborn, Juul Veeger, Ron Rapee

1:30pm **S163: Embracing the complexity of emotion dysregulation: a multidimensional and transdiagnostic perspective**
Hall 100

Embracing the complexity of emotion dysregulation: a multidimensional and transdiagnostic perspective

» Alejandra Vaqué, Maria Benkirane, Elena Costache, Louise Perrin

1:30pm **Panel Discussion: Men and Mental Health – Are We Letting Men Down?**
Hall 400

Men and Mental Health – Are We Letting Men Down?

» Saiqa Naz, Nicholas Petrovic, Ercan ALTINOZ

1:30pm **S116: Control and repetition in emotional disorders**
Studio 201 A-B

Control and repetition in emotional disorders

» Ragnar P. Ólafsson, Sarah Struyf, Tomasz Lemmens, Sigurður Viðar, Ernst Koster

1:30pm **SC573: I swear: How to treat tics and Tourette syndrome**
Studio 202

I swear: How to treat tics and Tourette syndrome

» Iolande van de Griendt, Tara Murphy, Cara Verdellen

1:30pm **S599: Advancing Precision Mental Health Care: Machine Learning, Large Language Models, and Risk Monitoring**
Studio 204

Advancing Precision Mental Health Care: Machine Learning, Large Language Models, and Risk Monitoring

» Kim de Jong, Jaime Delgado, Juan Martin Gomez Penedo, Rebekka Wassmann

1:30pm **S463: Clearing the Emotion Regulation Strategy Jungle: Higher-Order ER Factors and Their Links to Symptomatology and Neural Correlates**
Studio 206



Continued from **Thursday, 17 September**

Clearing the Emotion Regulation Strategy Jungle: Higher-Order ER Factors and Their Links to Symptomatology and Neural Correlates

» [Sarah Wyka](#), Sarah Wellan, Till Langhammer

1:30pm

S401: Coping with childhood bullying: From mechanisms to interventions

Studio 211

Coping with childhood bullying: From mechanisms to interventions

» [meng liang](#), Ernst Koster, Tong Lin, Manon Deryckere

1:30pm

S415: Developments in Medical Psychology: CBT for People with Chronic Illness

Studio 212

Developments in Medical Psychology: CBT for People with Chronic Illness

» [Floor Bennebroek Evertsz](#), Katharina Ledermann, Romina Recabarren, Francois Pouwer

1:30pm

S98: Harnessing Cognitive and Computational Tools to Optimize Interventions Targeting Depression and Anxiety Risk

Studio 213

Harnessing Cognitive and Computational Tools to Optimize Interventions Targeting Depression and Anxiety Risk

» Gabrielle Van Tomme, Annabel De Clercq, Alvaro Sanchez-Lopez, [Kristof Hoorelbeke](#)

1:30pm

S99: Psychological Therapies for the Treatment of Psychosis: Clinical Trials in Context

Studio 214

Psychological Therapies for the Treatment of Psychosis: Clinical Trials in Context

» [Laina Rosebrock](#), Daniel Freeman, Eva Tolmeijer, Simone Burger

1:30pm

S364: Compassion Focused Therapy in Action: Clinical, Educational, and Forensic Applications

Studio 215

Compassion Focused Therapy in Action: Clinical, Educational, and Forensic Applications

» Niki (Nicola) Petrocchi, [Ruben Sousa](#), Pietro Muratori, Elena Berti, Mariana Linharelhos, Carlotta Bertini

1:30pm

S114: Treating Unique Individuals in a Globalized World: Cultural, Dissemination, and Transdiagnostic Advances in CBT

Studio 216

Treating Unique Individuals in a Globalized World: Cultural, Dissemination, and Transdiagnostic Advances in CBT

» [Mehmet Sungur](#), Yusuf Sivrioğlu, Çağdaş Öykü Meriç

1:30pm

WS3: When Exposure Fails: Optimizing Inhibitory Learning in Trauma-Linked Phobias through Attachment-Based Formulation and Compassion-Focused Therapy

Studio 311

When Exposure Fails: Optimizing Inhibitory Learning in Trauma-Linked Phobias through Attachment-Based Formulation and Compassion-Focused Therapy

» [isabelle Leboeuf](#)

1:30pm

WS4: Come as you are. The use of Self of the Therapist in Cognitive Behavioral Therapy

Studio 312

Come as you are. The use of Self of the Therapist in Cognitive Behavioral Therapy.

» [ilse devacht](#)



Continued from **Thursday, 17 September**

3:30pm **S478: Depressive symptoms in children and adolescents: associated factors and their role in (anxiety) treatment**
Copper Hall

Depressive symptoms in children and adolescents: associated factors and their role in (anxiety) treatment
» Bonny van Steensel, Anke Klein, Denise Bodden, Liesbeth de Paauw-Telman, Heleen Goemaere, Caroline Braet

3:30pm **S141: From Detection to Treatment: Trauma-Related Mechanisms and CBT-Informed Interventions in Intimate Partner Violence**
Hall 100

From Detection to Treatment: Trauma-Related Mechanisms and CBT-Informed Interventions in Intimate Partner Violence
» Nicole van Gelder, Erica Pugliese, Federica Nava, Federica Visco-Comandini

3:30pm **SC184: CBT Skills for Female Sexual Interest/Arousal Disorder: Modifying Dysfunctional Sexual Standards and Restoring Erotic Engagement**
Hall 400

CBT Skills for Female Sexual Interest/Arousal Disorder: Modifying Dysfunctional Sexual Standards and Restoring Erotic Engagement
» Bengü Yücens, Ayşegül Kart Dalyan, Şengül Altınöz

3:30pm **S455: Do you hear me? Parental Attunement and Support for Children with Mental Health Problems**
Studio 201 A-B

Do you hear me? Parental Attunement and Support for Children with Mental Health Problems
» Bernet Elzinga, Cosima Nimphy, Wilma Wentholt, Guy Bosmans, Marjanke Ruys-Zonnenberg

3:30pm **SC61: Helping Parents with Anxiety to Raise Confident Children**
Studio 202

Helping Parents with Anxiety to Raise Confident Children
» Sam Cartwright-Hatton, Abby Dunn

3:30pm **S374: How the echo of the past shapes the future: Mental imagery, fear of cancer recurrence, personalized care, and innovations in EMDR-therapy**
Studio 204

How the echo of the past shapes the future: Mental imagery, fear of cancer recurrence, personalized care, and innovations in EMDR-therapy
» Vivian Pijnenburg, Marije van der Lee, Linos Vossoughi, Gaëtan Mertens

3:30pm **S144: Enhancing cognitive behavioural therapy for OCD: from mechanistic insights to maintenance of gains**
Studio 206

Enhancing cognitive behavioural therapy for OCD: from mechanistic insights to maintenance of gains
» Chiara Causier, Chloe Chessell, Lara Farrell, Paul Salkovskis, Josie Millar

3:30pm **S140: How adversity shapes learning: Evidence from human fear conditioning studies**
Studio 211

How adversity shapes learning: Evidence from human fear conditioning studies
» Celine Samaey, Lieselotte Claes, Rianne de Kleine

3:30pm **S79: Mindfulness and Acceptance-based Interventions for Chronic Medical Conditions: Evidence, Optimization, and Mechanisms**
Studio 212



Continued from **Thursday, 17 September**

Mindfulness and Acceptance-based Interventions for Chronic Medical Conditions: Evidence, Optimization, and Mechanisms

» Nasim Badaghi, Mia Skytte O'Toole, Marloes Huijbers, Franziska Goltz, [Anne Speckens](#)

3:30pm

S170: Dampening Positive Affect: New Empirical Insights and Clinical Translation

Studio 213

Dampening Positive Affect: New Empirical Insights and Clinical Translation

» [Liesbeth Bogaert](#), Myriam Gérardy, Clementine Edwards, Taryn Hutchinson, Asha Ladwa

3:30pm

S527: Schema Therapy for Personality Disorders: Theoretical Perspectives from Forensic and General Populations

Studio 214

Schema Therapy for Personality Disorders: Theoretical Perspectives from Forensic and General Populations

» [Duygu Yakın](#), Eva Billen, Aire Valiente, Duygu Altın, Canan Taslioglu, Arnoud Arntz, Mine Pazarçıkci, Seda Gunes

3:30pm

S87: Developmental Perspectives on Body Dysmorphic Disorder: From Functional Impact to Treatment

Studio 215

Developmental Perspectives on Body Dysmorphic Disorder: From Functional Impact to Treatment

» Georgina Krebs, [Andrea Hartmann Firnkorn](#), Daniel Rautio, Lorena Fernández de la Cruz, Amita Jassi, Julia Engelkamp, Elizabeth Hogg

3:30pm

S597: Les programmes Incredible Years dans la francophonie : nouvelles données, nouveaux contextes, nouvelles perspectives

Studio 216

Les programmes Incredible Years dans la francophonie : nouvelles données, nouveaux contextes, nouvelles perspectives

» [Marie-Josée Letarte](#), Audrey Goulhot-Bolcato, Pauline Misset, Veronica Scotto, Darline Medna, Marie-Michèle Brossard

5pm

Keynote: Improving CBT from Molecules to Models

Copper Hall

Improving CBT from Molecules to Models

» Stefan G. Hofmann

5pm

(Keynote title)

Hall 100

» John Pachankis

5pm

(Keynote title)

The Arc

5pm

(Keynote title)

Hall 400

Friday, 18 September

8:30am

Keynote: Cultural Adaptation of CBT for Youth Anxiety and Depression in Non-WEIRD Nations

Copper Hall



Continued from Friday, 18 September

Cultural Adaptation of CBT for Youth Anxiety and Depression in Non-WEIRD Nations

» Cecilia A. Essau

8:30am **Keynote: Digital Mental Health: From Promise to Practice to Pause?**
Hall 100

Digital Mental Health: From Promise to Practice to Pause?

» Ioana R. Podina

8:30am **WS5: "Mad, bad and dangerous": The cognitive-behavioural approach to OCD**
Studio 311

"Mad, bad and dangerous": The cognitive-behavioural approach to OCD

» [Maureen Whittal](#), Anna Coughtrey, Roz Shafran

8:30am **WS6: ntegrating Attachment Theory in Child and Adolescent CBT practice**
Studio 312

Integrating Attachment Theory in Child and Adolescent CBT practice

» [Guy Bosmans](#)

9:30am **S380: Growing up in a world of crises – A transdiagnostic view on youth mental health**
Copper Hall

Growing up in a world of crises – A transdiagnostic view on youth mental health

» [Julia Asbrand](#), Tanja Michael, Pascal Aggensteiner, Tina Malti

9:30am **S445: Improving access to CBT in different countries**
Hall 100

Improving access to CBT in different countries

» Samuli Saarni, [Joshua Buckman](#), Marit Knapstad, Sandra Sassarolli, Rob Saunders, Roger Munoz

9:30am **SC106: Innovative Model for the Wise and Competent Mode in schema therapy for children and adolescents**
Hall 400

Innovative Model for the Wise and Competent Mode in schema therapy for children and adolescents

» [Diana Teodorescu](#)

9:30am **S118: Non-Suicidal Self-Injurious Cognitions and Behaviors in Daily Life**
Studio 201 A-B

Non-Suicidal Self-Injurious Cognitions and Behaviors in Daily Life

» [Glenn Kiekens](#), Kristina Eggermont, Rafaël Bonnier, Mirthe Luijmsmans, Dipro Mondal

9:30am **S120: Identifier et dépasser les obstacles à la mise en œuvre de l'exposition en TCC**
Studio 202

Identifier et dépasser les obstacles à la mise en œuvre de l'exposition en TCC.

» [Anaïs Marmuse](#), Elias Loudhriri, Marlène Louis, Geneviève Belleville

9:30am **S181: From Learning Fear to Treating It: Ecological and Transdiagnostic Advances in Understanding and Treating Anxiety and Stress Disorders**
Studio 204



Continued from Friday, 18 September

From Learning Fear to Treating It: Ecological and Transdiagnostic Advances in Understanding and Treating Anxiety and Stress Disorders.

» [Jeanine Brouwer](#), Marie Vandormael, Naomi Carpentier

9:30am **S383: Time-Efficient Psychological Support in Palliative Care: A Feasibility Study of a 4-Session CBT Program**
Studio 206

Time-Efficient Psychological Support in Palliative Care: A Feasibility Study of a 4-Session CBT Program

» [Gabriella Vizin](#), Magdolna Dank, Róbert Urbán, Máté Ádám Balázs, Bálint Madarász, Tamás Szekeres

9:30am **S369: Beyond the Individual: Mindfulness-Based Interventions for Romantic Relationships and Communication**
Studio 211

Beyond the Individual: Mindfulness-Based Interventions for Romantic Relationships and Communication

» [Tess Roder](#), Charlotte Borgers, Maya Schroevers, Andreas Voldstad

9:30am **S167: Help-seeking Behavior of Youth for Mental Health Problems: Addressing Treatment Barriers to Improve Access to Mental Health Care**
Studio 212

Help-seeking Behavior of Youth for Mental Health Problems: Addressing Treatment Barriers to Improve Access to Mental Health Care

» [Liesbeth de Paauw-Telman](#), Denise Bodden, Sophie Dickson, Tessa Reardon

9:30am **S101: Nuance in the Digital Age: Motivations, Mechanisms, and Measurement of the Impact of Social Media on Mental Health**
Studio 213

Nuance in the Digital Age: Motivations, Mechanisms, and Measurement of the Impact of Social Media on Mental Health

» [Yannick Vander Zwalm](#), Matthias Maerevoet, Lien Faelens, Jakob Helvich, Ernst Koster

9:30am **S139: Maximizing exposure: The power of expectancy violations in the extinction of fear**
Studio 214

Maximizing exposure: The power of expectancy violations in the extinction of fear

» [Bram Vervliet](#), Anne Willems, Mario Laborda, Vanetza Quezada-Scholz, Maria Consuelo San Martin, Rianne de Kleine

9:30am **SC121: Starting Clinical Supervision in CBT: A Practical Step-by-Step Guide to Building a Trusting Supervisory Relationship while not forgetting the individual in the group**
Studio 215

Starting Clinical Supervision in CBT: A Practical Step-by-Step Guide to Building a Trusting Supervisory Relationship while not forgetting the individual in the group

» [Wannes Rambour](#)

9:30am **S410: Mindfulness-based cognitive therapy in youth: Efficacy of universal versus indicated prevention and targets for early intervention**
Studio 216

Mindfulness-based cognitive therapy in youth: Efficacy of universal versus indicated prevention and targets for early intervention

» [Guusje Collin](#), Willem Kuyken, Marbella Perez Pena, Anne Speckens

11:15am **S175: Meaning in Life Across Psychopathology: Clinical and Research Perspectives**
Studio 201 A-B



Continued from **Friday, 18 September**

Meaning in Life Across Psychopathology: Clinical and Research Perspectives

» Lucija Žderić, Eline Huberts, Mirjam Frey, Marcel Näther, [Brian D. Ostafin](#)

11:15am **SC224: Working with interpreters in mental health settings**
Studio 202

Working with interpreters in mental health settings

» [Millay Vann](#)

11:15am **SC368: Habits, Addictions, and Resistance: The Paradoxical Triple Column in David Burns' TEAM-CBT**
Studio 204

Habits, Addictions, and Resistance: The Paradoxical Triple Column in David Burns' TEAM-CBT

» [Yehuda Bar Shalom](#)

11:15am **S412: Mindfulness-based interventions for youth and families: mechanisms, moderators and outcomes**
Studio 206

Mindfulness-based interventions for youth and families: mechanisms, moderators and outcomes

» [Brett Kosterman Zoller](#), Francesca Bentivegna, Rüya Akdag, Esther de Bruin

11:15am **S58: Exploring the Complexities of Suicidal Ideation, Suicidal Behavior and Assisted Suicide: From theoretical models to treatment approaches**
Studio 211

Exploring the Complexities of Suicidal Ideation, Suicidal Behavior and Assisted Suicide: From theoretical models to treatment approaches

» [Heide Glaesmer](#)

11:15am **SC482: AI in Psychoeducation: Inclusive and Feasible**
Studio 213

AI in Psychoeducation: Inclusive and Feasible

» [Lien Faelens](#), Flore De Meester

11:15am **SC507: Values as a Compass in Times of Crisis: A Practical Skills Training for Goal Setting and Psychological Flexibility**
Studio 214

Values as a Compass in Times of Crisis: A Practical Skills Training for Goal Setting and Psychological Flexibility

» [Valentyna Parobii](#)

11:15am **SC519: An Integrated CBT treatment for psychosis: Strategies to optimize the treatment and mistakes to avoid**
Studio 215

An Integrated CBT treatment for psychosis: Strategies to optimize the treatment and mistakes to avoid.

» [Antonio Pinto](#)

11:15am **SC53: Neurodiversity-Affirming CBT in Clinical Practice**
Studio 216

Neurodiversity-Affirming CBT in Clinical Practice

» [Icarus Williams](#)

11:30am **Keynote: Unique as We Are: Engaging Clients with Tailored CBT Homework**
Copper Hall



Continued from Friday, 18 September

Unique as We Are: Engaging Clients with Tailored CBT Homework
» Nikolaos Kazantzis

11:30am **Keynote: Social Anxiety Disorder: bringing cognitive and contextual models together**
Hall 100

Social Anxiety Disorder: bringing cognitive and contextual models together
» Maria do Céu Salvador

11:30am **Keynote: Tabletop role-playing games as transdiagnostic therapeutic tools**
Hall 400

Tabletop role-playing games as transdiagnostic therapeutic tools
» Joël Billieux

1:30pm **S60: Mechanisms and Clinical Relevance of Loneliness: From Maintaining Factors to Intervention**
Copper Hall

Mechanisms and Clinical Relevance of Loneliness: From Maintaining Factors to Intervention
» [Carmen van den Bulck](#), Antonia Ypsilanti, Corine Dijk, Thomas Cawthorne, Frankie Wardale

1:30pm **S210: Optimizing exposure in cognitive behavioral treatments for anxiety disorders in youth**
Hall 100

Optimizing exposure in cognitive behavioral treatments for anxiety disorders in youth
» Anke Klein, [Lara Farrell](#), Iris Langereis, Robin Zimmerman, Maaïke Nauta

1:30pm **Panel Discussion: Integrating Cognitive Behavioral Therapy into Chronic Pain Management: Psychiatric and Pain Medicine Perspectives**
Hall 400

Integrating Cognitive Behavioral Therapy into Chronic Pain Management: Psychiatric and Pain Medicine Perspectives
» Kadir Özdel, [Hakan Gunduz](#), Savaş Şencan, Sena Ece Ilgin

1:30pm **S306: Optimising CBT for Youth Anxiety: Treatment Ingredients, Cognitive Mechanisms, and Intervention Innovation**
Studio 201 A-B

Optimising CBT for Youth Anxiety: Treatment Ingredients, Cognitive Mechanisms, and Intervention Innovation
» Ivana Buric, Anke Klein, Colin Ganzevoort, Elske Saleminck, [Allison Waters](#)

1:30pm **SC107: Co-producing CBT-informed safety plans with suicidal young people and their families in emergency settings**
Studio 202

Co-producing CBT-informed safety plans with suicidal young people and their families in emergency settings
» [Tiago Zortea](#)

1:30pm **S586: Screening and treatment of mental health problems in real-world settings: feasibility, acceptability, and effectiveness**
Studio 204

Screening and treatment of mental health problems in real-world settings: feasibility, acceptability, and effectiveness
» Ron Rapee, [Sophie Dickson](#), Viviana Wuthrich

1:30pm **S355: From lab to clinic (and back): How translational research can boost exposure therapy**
Studio 206



Continued from Friday, 18 September

From lab to clinic (and back): How translational research can boost exposure therapy

» Sara Scheveneels, [Laura Luyten](#), Katharina Meyerbröker, Elizabeth Uduwa Vidanalage, Puck Duits

1:30pm

S169: Trauma-Informed Approaches for BPD, PTSD, Cancer Patients, and Professionals Who Treat Them

Studio 211

Trauma-Informed Approaches for BPD, PTSD, Cancer Patients, and Professionals Who Treat Them

» [Dóra Perczel-Forintos](#), Zsolt Unoka, Agnieszka Popiel, Gabriella Vizin

1:30pm

S135: The cost-effectiveness and implementation of Mindfulness-Based Interventions

Studio 212

The cost-effectiveness and implementation of Mindfulness-Based Interventions

» [Sabien Bosman](#), Cate Bailey, Julieta Galante, Marloes Huijbers, Imke Hanssen

1:30pm

S303: Hormonal Transitions and Mood: Integrating the Female Reproductive Lifespan into CBT Practice

Studio 213

Hormonal Transitions and Mood: Integrating the Female Reproductive Lifespan into CBT Practice

» [Lotte Gerritsen](#), Anne Marieke Doornweerd, Marie-Anne Vanderhasselt, Jennifer MURPHY, Michele Schmitter

1:30pm

S132: Unique as Children and Families Are: Scaling Evidence Based Care Across Contexts

Studio 214

Unique as Children and Families Are: Scaling Evidence Based Care Across Contexts

» Caroline Donovan, [Lara Farrell](#), Allison Waters, Sharon Dawe

1:30pm

S82: Promising ways to improve effectiveness of (cognitive) behavioral treatments for youth with ADHD and/or disruptive behavior problems

Studio 215

Promising ways to improve effectiveness of (cognitive) behavioral treatments for youth with ADHD and/or disruptive behavior problems

» [Saskia Van der Oord](#), Anouk van Dijk, Constantina Psyllou, Marijn Nijboer, Roos van Doornik

1:30pm

S183: Preventing depression in youth: from effective interventions to real-world practice

Studio 216

Preventing depression in youth: from effective interventions to real-world practice

» [Sanne Rasing](#), Josefien Breedvelt, Maria Loades, Wendy Rongen

1:30pm

WS7: Conceptualiser le trouble obsessionnel compulsif (TOC) selon l'approche processuelle transdiagnostique

Studio 311

Conceptualiser le trouble obsessionnel compulsif (TOC) selon l'approche processuelle transdiagnostique

» [Martine Bouvard](#), Nathalie Fournet, Céline Baeyens

1:30pm

WS8: Back to the future: Chairwork in contemporary CBT

Studio 312

Back to the future: Chairwork in contemporary CBT

» Remco van der Wijngaart, [Julie Krans](#)



Continued from Friday, 18 September

3:30pm **S592: Improving Access to Transdiagnostic CBT for Anxiety and Depression in Spanish Primary Care: Evidence from the PsicAP Project**
Copper Hall

Improving Access to Transdiagnostic CBT for Anxiety and Depression in Spanish Primary Care: Evidence from the PsicAP Project
» Roger Munoz, [Gabriel Esteller Collado](#), Maider Prieto Vila, Francisco Arnaldo Fernández, Henry Delamain

3:30pm **S171: Repetitive Negative Thinking Across Contexts and Disorders: From Mechanisms to Intervention**
Hall 100

Repetitive Negative Thinking Across Contexts and Disorders: From Mechanisms to Intervention
» [Thomas Ehring](#), Joanna Joy Hunsmann, Filip Raes, Daniel Tönsing, Daniel Freeman

3:30pm **SC145: Emotion regulation techniques from the Unified Protocol for individuals with Intellectual disability**
Hall 400

Emotion regulation techniques from the Unified Protocol for individuals with Intellectual disability
» [Paulina Arango](#), Maria Consuelo San Martin

3:30pm **S124: Mindfulness-Based Interventions for chronic treatment-resistant and recurrent depression**
Studio 201 A-B

Mindfulness-Based Interventions for chronic treatment-resistant and recurrent depression.
» Anne Speckens, [Thorsten Barnhofer](#), Asha Ladwa, Mira Cladder-Micus, Jelle Lubbers, Willem Kuyken

3:30pm **SC238: Unique as we are: turning diagnoses into a personalized case conceptualization**
Studio 202

Unique as we are: turning diagnoses into a personalized case conceptualization.
» [barbara depreeuw](#), Filip Raes

3:30pm **S123: Taking a Network Perspective: New Avenues for Enriching Clinical Practice**
Studio 204

Taking a Network Perspective: New Avenues for Enriching Clinical Practice
» [Elizabeth de Vries](#), Guðrún Guðmundsdóttir, Maaïke Steenhuis, Josefina Schmitt, Lars Klintwall

3:30pm **S162: Improving access to evidence-based treatments for common mental health disorders: Lessons learned from implementation studies in Quebec (Canada)**
Studio 206

Improving access to evidence-based treatments for common mental health disorders: Lessons learned from implementation studies in Quebec (Canada)
» [Martin D. Provencher](#), Josée Savard, Isabelle Fournel, Quentin Bet, Émilie Godin

3:30pm **S530: Many Me's: Multifaceted Understanding of "the self" in mental health**
Studio 211

Many Me's: Multifaceted Understanding of "the self" in mental health
» [Lonneke van Tuijl](#), Ivan Nyklíček, Charlotte Verhagen, Maya Schroevers

3:30pm **S74: Targeting Specific Mechanisms in CBT for Psychosis**
Studio 212



Continued from Friday, 18 September

Targeting Specific Mechanisms in CBT for Psychosis

» [Felicity Waite](#), Poppy Brown, Hella Janssen, Rowan Diamond, David van den Berg

3:30pm

Untitled Event

Studio 213

Unique Needs, Digital Solutions: Advancing CBT for Child Mental Health

» [Lara Farrell](#), Anke Klein, Allison Waters, Caroline Donovan, Andre Sourander

3:30pm

S179: Scaling up school-based CBT for youth anxiety: Implementation and evaluation of the Mini-RISK program

Studio 214

Scaling up school-based CBT for youth anxiety: Implementation and evaluation of the Mini-RISK program

» [Åshild tellefsen håland](#), Lene Holmen Berg, Janne Wiese-Møller, Ingrid Osland, Jorid Marie Tveit

3:30pm

S423: The good, the bad, and the unknown: Mechanisms of Imagery Rescripting from lab to clinic

Studio 215

The good, the bad, and the unknown: Mechanisms of Imagery Rescripting from lab to clinic

» Sophie Rameckers, [Lotte Stemerding](#), Julie Krans, Milena Aleksic

3:30pm

S262: Treating Suicidality in Youth: From Crisis Management to Targeted Interventions

Studio 216

Treating Suicidality in Youth: From Crisis Management to Targeted Interventions

» Marlieke Silvertand-Rijniers, [Hanneke Niels-Kessels](#), Moa Karemyr

5pm

Keynote: Can we enhance the efficacy of cognitive reappraisal by systematically co-manipulating so-mato-sensoric information processing

Copper Hall

Can we enhance the efficacy of cognitive reappraisal by systematically co-manipulating so-mato-sensoric information processing

» Matthias Berking

5pm

Keynote: Looking Back and Looking Forward on Mental Health in Intellectual and Developmental Disabilities

Hall 100

Looking Back and Looking Forward on Mental Health in Intellectual and Developmental Disabilities

» Romina Rinaldi

5pm

(Keynote title)

The Arc

5pm

(Keynote title)

Hall 400

Saturday, 19 September

8:30am

Keynote: Beyond Survival: Attentional Control, Emotional Resilience and Implications for Healthcare Policy

Copper Hall



Continued from **Saturday, 19 September**

Beyond Survival: Attentional Control, Emotional Resilience and Implications for Healthcare Policy

» Nazanin Derakhshan

8:30am

Keynote: A review of evidence-based psychological interventions for psychosis

Hall 100

A review of evidence-based psychological interventions for psychosis

» Frank Larøi

8:30am

WS9: Upskilling to work with older adults: Key differences from standard practice

Studio 311

Upskilling to work with older adults: Key differences from standard practice.

» [Viviana Wuthrich](#)

8:30am

WS10: Integrating Cognitive Behavioural Therapy in the Management of Rheumatic Autoimmune Conditions

Studio 312

Integrating Cognitive Behavioural Therapy in the Management of Rheumatic Autoimmune Conditions

» [Christina Golemati](#)

9:30am

S80: Psychological Rich Life and Generalised Anxiety in Emerging Adults: Mediating Roles of Resilience and Emotional Processes with Implications for Psychotherapy

Copper Hall

Psychological Rich Life and Generalised Anxiety in Emerging Adults: Mediating Roles of Resilience and Emotional Processes with Implications for Psychotherapy

» [Murat Yildirim](#), Mustafa Ercengiz

9:30am

S487: Understanding Change in Compassion-Based Interventions: Mechanisms, Self-Relating, and Psychological Processes

Hall 100

Understanding Change in Compassion-Based Interventions: Mechanisms, Self-Relating, and Psychological Processes

» Niki (Nicola) Petrocchi, [Jelle Lubbers](#), Vera Scheepbouwer, Imke Hanssen, Marcela Matos

9:30am

S172: Transdiagnostic Applications of Exposure Therapy: Expanding the Boundaries of Behavioural Treatment

Hall 400

Transdiagnostic Applications of Exposure Therapy: Expanding the Boundaries of Behavioural Treatment

» [Skye King](#), Ghislaine Schyns, Anita Jansen, Marleen Rijkeboer

9:30am

S133: Uniquely Supported: Expanding Access through Parent Led Solutions for Child Anxiety and Sleep

Studio 201 A-B

Uniquely Supported: Expanding Access through Parent Led Solutions for Child Anxiety and Sleep

» Chloe Chessell, Caroline Donovan, [Lara Farrell](#), Beril Can, Cathy Creswell

9:30am

SC440: Beyond the 'Difficult Client': Changing Behaviour Where It Actually Matters — Across Teams, Organisations and Systems

Studio 202

Beyond the 'Difficult Client': Changing Behaviour Where It Actually Matters — Across Teams, Organisations and Systems.

» [anne neyskens](#), katleen Schols



Continued from **Saturday, 19 September**

9:30am **S93: Parent-led CBT for Child Anxiety Across Cultural Contexts: Adaptations, Evidence and Implementation from the UK, Czechia, Chile, and Iceland**
Studio 204

Parent-led CBT for Child Anxiety Across Cultural Contexts: Adaptations, Evidence and Implementation from the UK, Czechia, Chile, and Iceland
» [Marta Fiserova](#), Marie Polaskova, Miguel Cordero, Chloe Chessell, Brynjar Halldórsson, Thuridur Hallgrimsdottir Vidar, Cathy Creswell

9:30am **S138: Interoception in Anxiety and Beyond: A Transdiagnostic Perspective for Psychopathology and Psychotherapy**
Studio 206

Interoception in Anxiety and Beyond: A Transdiagnostic Perspective for Psychopathology and Psychotherapy
» Jennifer MURPHY, Alexander Gerlach, Anna Pohl, [Olivier Desmedt](#)

9:30am **S208: The missing half of CBT: Perspectives on Understanding and Reversing Diminished Pleasure**
Studio 211

The missing half of CBT: Perspectives on Understanding and Reversing Diminished Pleasure
» [Bram Vervliet](#), Filip Raes, barbara depreeuw, Liesbeth Bogaert, Anna Wester

9:30am **S47: Understanding and intervening in the process of sexual arousal**
Studio 212

Understanding and intervening in the process of sexual arousal
» [Philippe Kempeneers](#), Patricia M. Pascoal, Axel Bourcier, Marieke Dewitte

9:30am **S178: School accommodation in youth anxiety: From conceptualization to large-scale implementation**
Studio 213

School accommodation in youth anxiety: From conceptualization to large-scale implementation
» [åshild tellefsen håland](#), Thomas Bjerregaard Bertelsen, Andreas Nydal, Eivind R. Strand

9:30am **S146: Unique as we respond: Understanding and predicting heterogeneous mental health outcomes following traumatic events**
Studio 214

Unique as we respond: Understanding and predicting heterogeneous mental health outcomes following traumatic events.
» [Chris Hoeboer](#), Mirjam van Zuiden, Cherie Armour, Charlotte Hilberdink, Greta Piwanski

9:30am **S160: Understanding Mental Disorders as Idiosyncratic Symptom Networks: Mapping and Forecasting Trajectories**
Studio 215

Understanding Mental Disorders as Idiosyncratic Symptom Networks: Mapping and Forecasting Trajectories
» Anita Jansen, [Emma Turmaine](#), Mila Dix, Merel Kindt

9:30am **SC498: Treating Overthinking in Groups: A Transdiagnostic Approach — Key Practical Tools**
Studio 216

Treating Overthinking in Groups: A Transdiagnostic Approach — Key Practical Tools
» Filip Raes, [Tine Daeseleire](#)

11:30am **Keynote: From Preventing Depression to Promoting Human Flourishing: MBCT Comes of Age**
Copper Hall



Continued from **Saturday, 19 September**

**From Preventing Depression to Promoting Human Flourishing:
MBCT Comes of Age**

» Willem Kuyken

11:30am

(Keynote title)

Hall 100

» Jozefien De Leersnyder