



Wednesday, 16 September

8:30am	Pre-Congress Workshop: Process-based Therapy <i>Copper Hall Online Broadcast</i>
	Process-based Therapy » Dr. Stefan G. Hofmann
8:30am	Pre-Congress Workshop: Making Homework Work: Collaborative Strategies to Motivate and Tailor CBT Assignments <i>Studio 201A</i>
	Making Homework Work: Collaborative Strategies to Motivate and Tailor CBT Assignments » Dr Nikolaos Kazantzis
8:30am	Pre-Congress Workshop: Recognizing and responding to how and why LGBTQ clients are unique <i>Studio 201B</i>
	Recognizing and responding to how and why LGBTQ clients are unique » John Pachankis
8:30am	Pre-Congress Workshop: Understanding and Transforming Self-Criticism in Compassion Focused Therapy: From Inner Attack to Inner Care <i>Studio 202</i>
	Understanding and Transforming Self-Criticism in Compassion Focused Therapy: From Inner Attack to Inner Care » Niki (Nicola) Petrocchi
8:30am	Pre-Congress Workshop: Integrating Mindfulness into Cognitive Behavioural Therapy Making Therapy More Effective, Engaging, and Sustainable <i>Studio 204</i>

Integrating Mindfulness into Cognitive Behavioural Therapy Making Therapy More Effective, Engaging, and Sustainable
» Willem Kuyken

8:30am	Pre-Congress Workshop: Preventing youth anxiety and depression: Lifestyle interventions and CBT-Based skills <i>Studio 206</i>
	Preventing youth anxiety and depression: Lifestyle interventions and CBT-Based skills » Cecilia Essau
8:30am	Pre-Congress Workshop: Essential Skills for Transdiagnostic CBT in Everyday Clinical Practice <i>Studio 211</i>
	Essential Skills for Transdiagnostic CBT in Everyday Clinical Practice » Ebru Salcioglu
8:30am	Pre-Congress Workshop: Between you and me: Dealing with patterns, building connection. A Schematherapy approach for high-conflict couples <i>Studio 212</i>
	Between you and me: Dealing with patterns, building connection. A Schematherapy approach for high-conflict couples » Paul Schobre
8:30am	Pre-Congress Workshop: Preventive Cognitive Therapy for Depression: An Evidence-Based Approach to Reduce Relapse Risk: why and how <i>Studio 213</i>
	Preventive Cognitive Therapy for Depression: An Evidence-Based Approach to Reduce Relapse Risk: why and how » Claudi L. Bockting



Continued from **Wednesday, 16 September**

- 8:30am **Pre-Congress Workshop: Introduction to the Affect Regulation Training**
Studio 214
- Introduction to the Affect Regulation Training**
» Prof. Dr. Matthias Berking
- 8:30am **Pre-Congress Workshop: CBT for Social Anxiety Disorder with Adolescents: bridging the gap and Integrating ACT and CFT into our practice**
Studio 215
- CBT for Social Anxiety Disorder with Adolescents: bridging the gap and Integrating ACT and CFT into our practice**
» Maria do Céu Salvador
- 8:30am **Pre-Congress Workshop: La TCD sur mesure : adapter sans diluer**
Studio 216
- La TCD sur mesure : adapter sans diluer**
» Dominique Page

Thursday, 17 September

- 8:30am **Keynote: The Mental Health Trap of Poverty**
Copper Hall | Online Broadcast
- The Mental Health Trap of Poverty**
» Bram Vervliet
- 8:30am **(Keynote title)**
Hall 100 | Online Broadcast

» Peter Phiri

- 8:30am **OP6: Trauma, humanitarian crisis**
The Arc

A Qualitative Investigation of Prolonged Grief Symptoms and Post-traumatic Growth in People Who Experienced Loss During the COVID-19 Period

» [Melis Gun Ertan](#), Anke Karl, Avril Mewse

The Direct and Indirect PTSD and Traumatic Impact of the February 6 Earthquakes in University Students in Türkiye

» Melike Şengül, [Eliz Volkan](#)

Investigating predictors of PTSD and help-seeking: insights on gender and sex differences

» [Federica Nava](#), Chris Hoeboer, Joris Haagen, Rutger-Jan van der Gaag, Mirjam van Zuiden, Birit Broekman, Miranda Olff

Prevalence of Complex Post-Traumatic Stress Disorder (CPTSD): A Systematic Review and Meta-Analysis

» [Phillipa Huynh](#), Reuben Kindred, Kirsten Perrins, Kathleen de Boer, Stephanie Miles, Glen Bates, Maja Nedeljkovic

- 8:30am **OP1: Youth Mental Health and Development**
Hall 400 | Online Broadcast

Long Covid in Children and Young People: Where does CBT fit in?

» [Anna Coughtrey](#), Roz Shafran, Snehal Pinto Pereira, Terence Stephenson

On the Protective Role of Self-Compassion Throughout the Postpartum Period

» [Katrijn Brenning](#), Iumein hillewaert

Addressing Child Anxiety Treatment Gap in Czechia: Parental Needs and Parent-Led CBT Adaptation

» [Marie Polaskova](#), Marta Fiserova



Continued from Thursday, 17 September

Into the Worry Spiral: A Qualitative Study Exploring the Cognitive-Behavioural Mechanisms of Generalised Anxiety Disorder in Adolescents

» [Lottie Shipp](#), Polly Waite, Eleanor Leigh, Ray Percy

Repetitive negative thinking in adolescence: a mixed methods study

» [Nikki Huang](#), Michelle Moulds, Jill Newby, Aliza Werner-Seidler

8:30am

OP8: Digital and Technology-Enhanced CBT

Studio 201 A-B

Virtual Environment for Exposure Therapy in Obsessive-compulsive Disorder: Clinical Applications and Results of Two Studies

» [Pavla Stopková](#), Katarína Adamcová, Karolína Zuzánková, Martina Janíková, Iveta Fajnerová

Methodological schism of modern Cognitive-behavioural Therapy: problems and way out

» [Dmitry Dyakov](#)

Effectiveness of the RETHink Game in Children with Emotional Disorders: A Randomized Controlled Trial

» [Eliza Atudosie](#), Oana Alexandra David, Viorel Lupu

Small Nudges, Big Impact? Feasibility and Effects of Ecological Momentary Interventions to Reduce Rumination

» [Inken Höller](#), Judith Martens, Lena Spangenberg

8:30am

OP10: Mechanisms and Processes of Change in CBT

Studio 202

Introducing the Newcastle Complexity Model

» [Layla Mofrad](#), Matt Stalker

Clinical validity of five questionnaires assessing transdiagnostic psychological processes in adolescents

» [Sandra Casarin](#)

Dysregulation of Regret: Network Analysis Approach

» [Răzvan Mornea](#)

The influence of treatment credibility and outcome expectations on psychological therapy for depression symptoms: an Individual Participant Data Meta-analysis

» [Ashleigh Correa](#)

Personalizing Cognitive-Behavioural Therapy Using Symptom Networks and Clinician-Driven Network Control Theory: A Single-Case Study in Depression.

» [Giovannbattista Andreoli](#)

8:30am

OP13: Psychosis and Clinical Complexity

Studio 204

PERMEPSY: Preliminary Findings from a Multicentre RCT of Personalized Metacognitive Training in Adults with Psychosis

» [Adrien Goncalves](#)

Harmers of Patients in the Auditory Verbal Hallucination Experience. Clinically Important Phenomenology in a Culturally-Diverse Early Intervention in Psychosis Service: Implications for Personalised Precision Culturally Competent Early Intervention CBT

» [Alisia Maciu](#), Sahara Ghida, Jennifer McGowan, Alysia Sweeney, Angel Au, Charmayne Lau, David Raune

Functional Accuracy and Reality Distortion Predict Insight in First-Episode Psychosis and Schizophrenia

» [Esther Pousa Tomas](#)

Integrating biofeedback with AVATAR therapy for emotional self-regulation: a case series study

» [Tessa Wirtz](#), Melina Luker, Tom Ward, Ekinan Tas, Mark Huckvale, Thomas Craig, Mar Rus-Calafell



Continued from Thursday, 17 September

8:30am **Three Minute Talks**
Studio 206

The effectiveness of cognitive-behavioral therapy for hoarding disorder: a pilot study.

» [Puck Duits](#)

Pilot feasibility study of an evidence-based group intervention for family members of individuals with hoarding disorder

» [Emily Dewar](#)

Can a mobile app enhance exposure adherence in anxiety disorders? Early data from an ongoing pilot randomized controlled trial

» [Iratxe Alonso-Olea](#), Patricia Gual-Montolio, Mónica Conesa-Giménez, Lucas Niño-Ruiz, Javier Herrero González, Carlos Granell, Sven Casteleyn, Azucena García-Palacios, Juana María Bretón-López

Making sense of the clutter: A co-designed group intervention for family members of individuals with hoarding disorder

» [Emily Dewar](#)

Attachment Anxiety and Avoidance in Relation to Psychological Distress: A Cross-Cultural Investigation Exploring the Mediating Role of Metacognitive Beliefs Across Türkiye and Iran

» [Hamed Abdollahpour Ranjbar](#), Elif Peksevim, Shang Jul Rasul Olsen, Michael Bakhshesh-Boroujeni, Ayse Altan

Context-Dependent Dynamics of Attentional Bias: Interactive Effects of Social Evaluation and Attention Training

» [Dilruba Sönmez](#), İlayda ALP, Büşra Nur Topaç, Hatice Ece Güler

Loneliness, Social Relations, and Attachment Styles in Misophonia

» [Simran Singh](#), Miriam Zemel, Louisa Rinaldi, Julia Simner

Beyond weekly therapy: intensive, personalised exposure treatment outside the therapy room in Belgium

» [Annemarie Van Engeland](#)

Gambling Disorder and Harms: Lessons from lived experience in prevention and support

» [James Grimes](#)

8:30am **OP15: Mood, Resilience and Emotional Processes**
Studio 211

Self-Transcendent States and Positive Psychological Outcomes: A Multilevel Meta-Analysis

» [Vlad-Antoniu Mărghițaș](#), Oana Alexandra David

A Meta-Analysis of Symptom Association Among Unrelated Individuals

» [Beatrice Susan](#), Roxana Oltean Cardoso, Ioan Onesim, Daniel David

Metacognitive therapy and work-focus for patients with depression, anxiety or comorbid depression and anxiety on sick leave: a single-centre: a randomised controlled trial

» [Ragne Gjengedal](#), Marit Hannisdal, Hilde Dallavara Lending

A Pilot Trial of Brief Tailored Online Treatment for Rumination and Worry in Premenstrual Dysphoric Disorder

» [Emily Upton](#), Monique Holden, Alison Mahoney, Michelle Moulds, Aliza Werner-Seidler, David Chan, Jill Newby

8:30am **Technical Demonstrations**
Studio 212

Optimising CBT practice through Psychology Tools: An Innovative Clinical Delivery and Engagement System

» [Roz Shafran](#), Matthew Whalley

8:30am **WS1: Dissociation-Focused Cognitive Behavior Therapy (DF-CBT)**
Studio 311



Continued from Thursday, 17 September

Dissociation-Focused Cognitive Behavior Therapy (DF-CBT)

» [Alexis Vancappel](#)

8:30am

WS2: Infidelity and its consequences: Is it possible to re-build trust following affairs?

Studio 312

Infidelity and its consequences: Is it possible to re-build trust following affairs?

» [Mehmet Sungur](#)

8:30am

Posters

Posters

"HANG ON, LET ME OVERTHINK THIS": THE ROLES OF SELF-TALK AND PERCEIVED EMOTION REGULATION COMPETENCY ON RUMINATION IN TIMES OF CRISIS.

» [Jasmin Nakkhal](#), Ayse Altan

Suicidal Behaviours in People Seeking Treatment for Substance Use Disorder

» [Leire Leza](#), José J. López-Goñi, Alfonso Arteaga, Javier Fernández-Montalvo

Perceived difficulties of addiction treatment practitioners related to suicidal behaviour

» [Leire Leza](#), Alfonso Arteaga, José J. López-Goñi, Javier Fernández-Montalvo

From Blame to Understanding: Defusing Conflict in Family Therapy

» [Ummuhan Ozkal](#)

Complex Trauma and Interpersonal Adjustment Difficulties: A Systematic Literature Review

» Sara Mendes, [Carla Silva](#)

The Mediating Role of Early Maladaptive Schemas in the Relationship Between Attachment Anxiety and Emotional Processing in Female Survivors of Intimate Partner Violence

» [Aleksandra Jasielska](#), Agata Wytykowska-Kaczorek

Mediators and predictors of treatment response in a brief online intervention for rumination and worry

» [Emily Upton](#), Venkatesha Venkatesha, Amy Joubert, Alison Mahoney, Michelle Moulds, Aliza Werner-Seidler, Jill Newby

Modifying dysfunctional beliefs in social anxiety disorder with an emotion-focused approach-avoidance modification training – a pilot study

» [Hannah Streit](#), Lena Merkt, Marie Reindl, Johanna Zeder, Matthias Berking

Design and Evaluation of Different Immersive Virtual Environments for Relaxation Breathing Training Using Biofeedback

» [Markéta Jablonská](#), Karolína Zuzánková, Tereza Langová, Barbora Darmová, Pavla Stopková, Iveta Fajnerová

Efficacy of a Virtual Reality Exposure Therapy Protocol for Fear of Public Speaking: A Randomized Controlled Pilot Study

» [Vanetza Quezada-Scholz](#), Matías Silva-Nuñez, Mario Laborda, Sarai Espinoza, Carolina Salazar, Gressley Valdés, Gonzalo Miguez

Inhibitory Control, Reward Sensitivity and Punishment Sensitivity as Transdiagnostic Risk Factors for Addictive Behaviors in Adolescents

» [Eva Van Malderen](#), Jakke Coenye, Lien Goossens, Sandra Verbeken, Eva Kemps, Laurence Claes

Parents as Role Models: an Experimental Study on the Influence of Parents' Self-Related Body Talk on Children's Body Image.

» Jolien De Coen, [Elisa Boelens](#), Eva Van Malderen, Ellen Van Moere, Sandra Verbeken, Lien Goossens



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A Scoping Review of Fostering Pro-Social Motives towards Socially Minoritized Individuals: From Feasibility to Efficacy

» [Nuno Vieira Rocha](#), Marcela Matos, The ProSocial-Living project team, Sérgio Andrade Carvalho

Open-enrollment behavioral sleep medicine groups improve self-report sleep outcomes in an intensive outpatient substance use program

» [Joshua Tutek](#), Suzanna Donato, Sarah Book, Patrick Duffy, Allison Wilkerson

Adverse Childhood Experiences and Learning Mechanisms: Fear Learning and Reinforcement Processes

» [Maria Consuelo San Martin](#), Vanetza Quezada-Scholz, Mario Laborda, Marcela Soto

Innovations in the treatment of Social Anxiety Disorder: Remote VR-Based Exposure Therapy

» [Katarína Adamcová](#), Markéta Jablonská, Pavla Stopková, Tereza Langová, David Jakeš, Iveta Fajnerová

Cognitive and Emotional Patterns in Oncology Patients: Implications for the Development of a CBT-Informed Intervention Framework

» [Sabina Salkic](#)

Rejection sensitivity and cognitive emotion regulation: A pilot RCT on the acceptability of digital interventions combining psychoeducational videos and guided mental imagery audios

» [Gabriel Loddó](#), Aurélie Wagener

CBT for psychosis with a young adult experiencing grandiose beliefs: a case study

» [Poppy Brown](#), Louise Isham, Louise Johns

Psychometric and construct validity of the French COBRA beyond bipolar disorder: Evidence from bifactor, network, and path analyses

» [Audrey Uyttersprot](#), Léa Henriette, Laurent Lefebvre, Mandy Rossignol

Strategic Partner Selection Psychoeducation - Improve Romantic Relationship Self-Efficacy

» [Jonathon Flores](#)

Examining the Hierarchical Structure of ICD-11 Complex PTSD Symptoms: A Multisite Investigation of Community and Clinical Samples

» [Reuben Kindred](#), Maja Nedeljkovic, Glen Bates

Multimodal Approach-Avoidance Modification Training for Body Dissatisfaction: Results from a Randomized-Controlled Trial

» [Lydia Rupp](#), Johanna Zeder, Matthias Berking

Exploring Sequencing Effects of Cognitive Techniques: An Experimental Investigation of Cognitive Restructuring and Detached Mindfulness

» [Ida Torp Roepstorff](#)

The role of the context in which alcohol is first consumed during adolescence on subsequent drinking habits

» [Vera Walburg](#)

A fun and personalised approach to CBT: an escape game to develop children's emotional awareness

» [Rafika Zebdi](#), Clémence Gillard, Alexia Natario, Manuela Pietka-Saillant, Stéphanie Vanwalleghe

The Effect of Cognitive Behavioral Therapies in Promoting Physical Activity: A Systematic Review and Meta-Analysis

» [Freja Aunsberg](#)

The Integration of Cognitive Behavioural Therapy in Undergraduate Nurse Education: A Scoping Review

» [Elaine Kelly](#)



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How to find motivational resolve? A comparison of cognitive restructuring and contacting values in an experimental setting.

» [Nanna Bjerg Ramsdal](#), Emma Elkjær, Mia Skytte O'Toole

Finding motivational resolve by reconnecting with one's values: Results from an experimental study

» [Nanna Bjerg Ramsdal](#), Emma Elkjær, Johannes Michalak, Mia Skytte O'Toole

Are Motivation, Credibility, and Alliance Associated with Outcome in CBT for Social Anxiety Disorder in Youth?

» [Helge Ruth](#)

Value types matter

» [Irina Khibatova](#), Anna Baicheva, Joanic Masson, Amal Bernoussi

The EFAB Pyramid: A Psychoeducational model of emotions, feelings, attitudes and behaviours in adults with ADHD and Borderline Personality Disorder

» [Victor LOPEZ-HERNANDEZ](#)

Uncontrollability Emotion Beliefs and Cognitive Attention Syndrome (CAS) on Mental Health

» [Esperanza García Sancho](#), José Martín Salguero

Is there a specific mode of thinking in gifted individuals?

» Adélaïde Sixdenier, [Nathalie Fournet](#), Anne Denis, Martine Bouvard

The impact of active and receptive music therapy on anxiety levels in individuals with substance use disorders (SUD): preliminary results from a 3-month RCT follow-up

» [Daria Makurat](#)

Intensive exposure and response prevention for children with Obsessive compulsive disorder, an effectiveness study

» [Linnea Molin](#), Vendela Zetterqvist, Mia Ramklint

Preliminary User Satisfaction With a Digital Ultra-Brief Treatment for Patients Awaiting Outpatient Psychotherapy

» [Laura Luisa Bielinski](#), Stefanie Arnold, Lea Stäger, Noemi Kojan, Thomas Berger, Madelyne Bisby, Blake Dear

Prevalence of body dissatisfaction and body image avoidance among college women in France

» [Axelle Nougat](#), Thierry Kosinski, Stéphane Rusinek

Opening the Black Box of Training Therapy: A Multi-perspective, Mixed Methods Study in Psychotherapy Training

» [Ayse Dogan](#), Trudy Mooren, Filip Raes

Depression, distress and their determinants across time in first-year engineering students

» [Vanja Putarek](#), Juraj Petrović

Not all distress is the same: A latent profile analysis of psychological distress among PhD students

» Catarina Cardoso, Fabiana Monteiro, Mariana Branquinho, Cláudia Melo, Maria Cristina Canavarro, [Marco Pereira](#)

Association Between Loot Box Engagement and Problem Gambling Severity: An Updated Systematic Review (2021–2026)

» [Mónica Bernaldo-de-Quirós](#), Celia Pérez-Gámez

The Impact of Self-Compassion as a Moderating Factor on the Behavioral and Psychological Aspects of Abnormal Eating Behavior

» [Haruka Honjo](#)

Effectiveness study of three types of group cognitive behavioral therapy practitioner training programs- face-to-face, hybrid and online

» [Noriko Tamura](#)

Relationships between Functional Assertiveness and Mental Health among General Employees in Japan

» [Sanako Higashitsuji](#), Daisuke Ito



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Stronger Together. A randomized controlled trial of population-based iCBT -intervention for antenatal depression.

» [Tarja Korpilahti-Leino](#), Terja Ristkari, Andre Sourander

Relational correlates of loneliness in family caregivers of people with dementia

» Bruno Manzano-Mohedas, [Laura Gallego-Alberto](#), Isabel Bermejo-Gómez, Laura Merida-Herrera, Inés García-Batalloso, María Márquez-González, Isabel Cabrera-Lafuente

Social support and frequency of leisure activities as correlates of depression and loneliness in caregivers of institutionalized people with dementia

» [Sara Serrano-Lozano](#), Laura Gallego-Alberto, María Márquez-González, Duna Cebrecos-Mayor, Nadia Srfi-Navarro, Yolanda Peregrín-Valverde, Isabel Cabrera-Lafuente

Comparative Efficacy of Digital Psychological Interventions for Emotional Disorders, Stress, and Underlying Mechanisms Among Young Adults: A Network Meta-Analysis

» [Anda-Gabriela Felea](#), Oana Alexandra David

Predictors of Parental Psychological Flexibility: The Role of Education and Depression

» [Janina Pavić Jadrić](#), Matea Bodrožić Selak, Amalija Hrepić Gruić

Validation of the French version of the Insomnia Severity Index in a population with psychiatric disorders and sleep complaints

» [Marie CHAMONTIN](#), Emilie Stern

An Experimental Investigation of Dampening as an Emotional Contrast Avoidance Strategy: Comparing a Dampening Task to an Experiential and a Cognitive Control Task

» [Myriam Gérardy](#), Liesbeth Bogaert, Filip Raes

Validity and psychometric properties of the Spanish version of Multidimensional Cognitive-Attentional Syndrome Scale (MCASS)

» [Rodrigo Hernando Erades](#), José Martín Salguero, Esperanza García Sancho

Doing qualitative research with youth with intellectual disability: designing of an intervention with and for adolescents with mild-to-borderline intellectual disability and anxiety.

» [Iris Langereis](#)

CBT-I for Older Adults Within a Stepped-Care Model: From Theory to Clinical Practice

» [Joanna Salbert](#)

Do Clinicians Actually Learn from Asynchronous Web-Based Trauma Training? A Systematic Review

» [Suzie Bond](#), Véronique MacDermott, Karole Vaugon, Nicolas Bergeron, Béatrice Pudelko

Development of a brief guided internet-based group Unified Protocol preventive intervention for university freshmen: A qualitative focus group study

» [Maria Inês Caçador](#), Catarina Francisco, Maria Cristina Canavarro, Marco Pereira

Feasibility of a Randomized Controlled Trial Comparing Asynchronous Web-Based and Instructor-Led Training in Trauma-Focused Cognitive Behavioral Therapy for PTSD: Protocol for a Pilot Study

» [Suzie Bond](#), Béatrice Pudelko, Pier-Olivier Caron, Geneviève Belleville, Steve Geoffrion

The Influence of Psychological Flexibility on Complex Post-Traumatic Stress Disorder Symptoms: A Comparison with Cognitive-Behavioral Factors

» [YOSHIROU NAKAYAMA](#)

Relationships Between Problematic Gaming, Mindfulness, and the Stages of Change Model Among Junior High School Students

» [Keisuke TANAKA](#)



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Social representations, public stigma and self-stigma associated with the French labels *maladie psychique* and *handicap psychique*: a comparative study in Belgium and France

» [Ilona SOEFFERS](#)

Preliminary effectiveness of a new and brief preventive adaptation of the Unified Protocol (UP-Prevent): A case study with women with subclinical symptoms of anxiety and depression

» [Catarina Francisco](#), Liliana Pedro, Cristiana Silva, Marco Pereira, Ana Fonseca, Maria Cristina Canavarro

Dynamics of Reward Processes in Social Anxiety: A Time-Series Network Analysis

» [Martin Skopp](#), Christiane Melzig, Christoph Benke

Positive Events Training to Enhance Positive Emotions in Adolescents with Elevated Depressive Symptoms: A Planned N=1 Approach

» [Liesbeth Bogaert](#), Patrick Onghena, David Hallford, Arnaud D'Argembeau, Filip Raes

Validation of the Dutch Global Psychotrauma Screen (GPS): screening for trauma-related symptomatology in the Netherlands

» [Federica Nava](#), Birit Broekman, Miranda Olff, Chris Hoeboer

Depression and Anxiety Following Acquired Brain Injury: Adaptations of CBT Interventions in the Population

» [Angeliki Lorents](#)

From Reinforcement to Regulation: Longitudinal Links Between Parenting Practices and Emotional Functioning

» Jose P. Espada, [Víctor Amorós-Reche](#), María T. González, Mireia Orgilés

Reducing Depressive and Anxiety Symptoms in Children and Adolescents: A Meta-Analysis of the Super Skills for Life Program

» [Víctor Amorós-Reche](#), Mireia Orgilés, Jose P. Espada

Bidirectional Associations Between Maternal Premenstrual Symptoms and Child Mental Health: A Two-Wave Cross-Lagged Panel Model Study

» [Mariko Shimoda](#), Takumu Kurosawa, Yukari Kimura, Makiko Hibi, Akari Tanigaki, Ryu Takizawa

Long-term outcomes of intensive exposure and prevention (ERP) treatment for OCD: A study protocol for a naturalistic 4 years follow-up study of Bergen 4 Day treatment

» [Anne Väilä](#), Niina Luhtala

Meta-analysis of attachment styles and loneliness

» [Teodora-Larisa Vitan](#), Aurora Szentagotai-Tatar, Gabriela Tinta

Characteristics and Associated Factors of Health Beliefs on Psychiatric Treatment: A Study of First-Visit Patients with Depression in Japan

» [Asahina ninomiya](#), Shin-ichi SUZUKI

Adapting School -Based Depression Prevention for Adolescents in Special Education: An Intervention Mapping Study

» [Wendy Rongen](#), Sanne Rasing, Jan Spijker, Daan Creemers

Exploring protective factors in the relationship between non-suicidal self-injury and disordered eating: an ecological momentary study

» [Daria Cristian](#)

How is cognitive behavioral therapy for insomnia provided in randomized controlled trials? A scoping review

» [Aurore Roland](#), Anne-Laure Schoonjans, Olivier Mairesse

Insomnia Severity Index (ISI): Psychometric Properties and Diagnostic Performance in Romanian Population

» [Larisa Tînc](#)



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Empathy and aggression among individuals with alcohol use disorder

» [Isabelle Cristina Baltariu](#), Violeta Enea, Andreea Nicoleta Melinte, Corina Miruna Lungu, Ioana Petruța Iriciuc, Bianca Gabriela Smintina, Teodora Elena Huțanu, Marije aan het Rot

Applying the peak-end rule to exposure to a fear-eliciting stimulus

» [Sara Scheveneels](#), Pauline Dibbets, Omer Van den Bergh

Parent-Child Discrepancies in Assessments of Child Anxiety: A Systematic Review and Meta-Analysis

» [Beril Can](#), Abby Dunn, Sam Cartwright-Hatton

Enhancing Body Functionality Appreciation: A narrative review of cognitive and behavioral interventions for body image improvement

» [Eva Roy](#)

Exploring Stigma and Discrimination Among People With Lived Experience of Mental Health Conditions: A Reflexive Thematic Analysis Across Gender Identification and Age Groups

» [Andreia A. Manão](#), Ana Carvalho, Patricia M. Pascoal, Ana Filipa Beato

Efficacy and Social Validity of a Self-Help Online CBT Intervention for Black, Racialized, and Immigrant Women Survivors of Sexual Assault

» [Salomé Jean-Denis](#), Jessica Lebel, Geneviève Belleville

Effectiveness and acceptability of an online self-treatment for post-sexual assault symptoms: a comparative analysis among 2SLGBTQIA+ individuals

» [Samuel Gagné](#), Lydia Gamache, Jessica Lebel, Geneviève Belleville

Effectiveness of brief online Cognitive Therapy for Individuals in Hikikomori (Prolonged Social Withdrawal) with Social Anxiety

» [Motohiro Sakai](#), Tomoaki Kenmochi, Kunio Yamada, Naoki Yoshinaga, David Clark, Graham Thew

Pain Interference Trajectories During Treatment in Trauma-Affected Refugees: Findings from the Danish Trauma Database

» [Linda Nordin](#), Margit Kriegbaum, Xiang Zhao, Sophia Åkerblom

Exploring Symptom Dynamics in Social Anxiety Through Fully Idiographic Network Analysis: Toward Personalized Cognitive-Behavioural Therapy.

» [Giovanbattista Andreoli](#)

Potential Roles of the Left Superior Frontal Gyrus and Serum GDNF Levels as Biological Substrates of Social Anxiety in Generalized Anxiety Disorder

» [Tomomi Nagano](#), Kohei Kurita, Yasunori Oda, Yuko Fujita, Eiji Shimizu, Yoshiyuki Hirano

Acceptance and Commitment Therapy in Social Anxiety. A randomized clinical trial investigating its effectiveness and mechanisms

» [ARIANA-LORENA GAȘPAR](#)

Family Dynamics in High-Conflict Divorce: A Network Model Based on Single-Case Family Data

» [Marjolein Vandenbosch](#), Bernet Elzinga, Caroline Jonkman, Lourens Waldorp

BRIDGE: Between-session Resource for Intelligent Digital Guidance and Engagement

» [Kayra Kiyloğlu](#), Umur Yıldız, Ceren Gürdere, Burcu A. Ürgen

A systematic review on self-esteem in ethnic-racial minoritised young adults: examining the relationship with minority-related stressors and mental health

» [Ivanilda B. Costa](#), Shivani Atul Mansuklal, Patricia M. Pascoal, Gerhard Andersson, Sérgio Andrade Carvalho



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Positive embodiment in adolescence: A network analysis of its protective role in mental health

» [Marta Miragall](#), Gisela Fandos, Dani Medina, Carmela Sánchez, Lorena Desdentado, Diana Burychka, Rocío Herrero, rosa maria baños rivera

Promoting Well-being Among Migrant Populations: A Participatory Design of Digital Microinterventions

» Diana Burychka, María Folgado, [Rocío Herrero](#), Desiree Colombo, Marta Miragall, rosa maria baños rivera

Reducing Rumination via Verbal Value Discounting (VVD) in a Boy with School Refusal: A Case Report

» [Takako Miyaaki](#), Chika Yoshikawa, Miyo Okajima

Mediating role of body awareness in the therapy of Borderline Personality Disorder

» [Anne-Claire Lafait](#)

Measurement Invariance of the Children and Adolescent Social Cognitions Questionnaire across Age, Gender, Clinical Status and Informant

» [Iulia Felicia Vlad](#), Anca DOBREAN, Ionut Stelian Florean

A systematic review of Pavlovian conditioning in repeated drug use

» [Kato Berebrouckx](#), Tom Beckers, Laura Luyten, Anne Willems

Using Written Exposure Therapy as a Selective Preventive eHealth Intervention for Post-Traumatic Stress Disorder: The 2-ASAP WEP Study Protocol

» [Greta Piwanski](#)

Prevention of School Violence in the Czech Republic — Findings from the Pilot Implementation of the Guardian Program

» Jakub Bednář, [Kateřina Koros Bartošová](#)

Ethical Decision-Making in Anorexia Nervosa: A Multi-Level Reflective Framework

» Evdoxia Tsigkaropoulou, [Christina Golemati](#), Ioannis Michopoulos

"The Only Way Forward is Through": A Thematic Analysis of Meaning-Making After Childhood Sexual Abuse by a Close Family Member

» Natanyae Berehe, Maya Hassan, [Martin Cernvall](#)

Loneliness as a predictor of mental health outcomes among university students: Exploratory evidence from a multi-cohort longitudinal analysis

» [Ayca Ilgaz](#), Harald Baumeister

StudiCare-Belonging: (Preliminary) Results of an AI-avatar guided digital intervention targeting loneliness among university students

» [Ayca Ilgaz](#), Harald Baumeister

Integrating ACT Into Adolescents' Daily Lives: A Digital Approach to Psychological Flexibility

» [Revital Giesser](#)

Maltreatment and Comorbidities in Bipolar Disorder: A Network Analysis

» [Renata Gheorghiu](#), Oana Alexandra David

Prevalence of Psychiatric Comorbidities in Bipolar Disorder: An Umbrella Review of Systematic Reviews with Meta-Analyses

» [Renata Gheorghiu](#), Oana Alexandra David

Digital Psychological Interventions for Mental Health, Wellbeing, and Functioning in Adolescents and Young Adults: A Component Network Meta-Analysis

» [Cîrdan Ana Andreea](#), David Oana, Canamero Lola

9:30am

S122: Addressing Youth Mental Health Needs Across Educational Systems: From Needs Assessment to Intervention Development and Effectiveness

Copper Hall | Online Broadcast



Continued from Thursday, 17 September

Addressing Youth Mental Health Needs Across Educational Systems: From Needs Assessment to Intervention Development and Effectiveness

» [Natalia Aguayo-Verdugo](#), Jala Rizeq, Denise Bodden, Jennifer de Lange

9:30am **S128: Clinical Trajectories of Insomnia Across Emotional Disorders: A Process-Based Perspective**

Hall 100 | Online Broadcast

Clinical Trajectories of Insomnia Across Emotional Disorders: A Process-Based Perspective

» [Audrey Krings](#), Colleen Carney, Geneviève Belleville, Emilie Stern

9:30am **SC263: CBT for Avoidant/Restrictive Food Intake Disorder**

Hall 400 | Online Broadcast

CBT for Avoidant/Restrictive Food Intake Disorder

» [Hakan Öğütlü](#)

9:30am **S400: Advancing Personalized Mental Health Care: EMA, Digital Tools, and Virtual Reality**

Studio 201 A-B

Advancing Personalized Mental Health Care: EMA, Digital Tools, and Virtual Reality

» Nancy Kramer Freher, [Claudi Bockting](#), Rosa Baños, Moniek Zeegers, Neelke de Jonge

9:30am **S90: Advancing Causal Explanation in Mental Health: Dynamic Systems, Causal Inference, and Necessity Causality**

Studio 202

Advancing Causal Explanation in Mental Health: Dynamic Systems, Causal Inference, and Necessity Causality

» Igor Marchetti, [Ernst Koster](#)

9:30am **S65: Bringing the Unified Protocol to the Clinical Frontline: Transdiagnostic CBT in Primary and Preventive Care for Emotional Disorders**

Studio 204

Bringing the Unified Protocol to the Clinical Frontline: Transdiagnostic CBT in Primary and Preventive Care for Emotional Disorders

» [Nina Reinholt](#), Jorge Osma, Inês Maças-Carvalho, Elisabeth Schanche

9:30am **S110: Complex PTSD: Integrating Mechanisms, Lived Experience, and Treatment Outcomes**

Studio 206

Complex PTSD: Integrating Mechanisms, Lived Experience, and Treatment Outcomes

» [Reuben Kindred](#), Phillipa Huynh, Chris Hoeboer, Sofie Folke, Thomas Ehring

9:30am **S83: Emotional Contagion and Emotional Reactivity: Emotional Awareness as a Transdiagnostic Mechanism Relevant to CBT**

Studio 211

Emotional Contagion and Emotional Reactivity: Emotional Awareness as a Transdiagnostic Mechanism Relevant to CBT

» [Mustafa Ercengiz](#), Murat Yildirim

9:30am **S457: Advances in understanding interpretation bias modification for anxiety**

Studio 212

Advances in understanding interpretation bias modification for anxiety

» [Frances Meeten](#), Eliza Ferguson, Anika Zhang, Elske Salemink, Colette Hirsch



Continued from Thursday, 17 September

9:30am **S320: Evidence-based CBT for suicide prevention in people experiencing psychosis: Mixed method research to understand mechanisms and stakeholder acceptability**
Studio 213

Evidence-based CBT for suicide prevention in people experiencing psychosis: Mixed method research to understand mechanisms and stakeholder acceptability
» Yvonne Awenat, Gillian Haddock, Lee D Mulligan, Adam O'Neill

9:30am **S75: Adapting the Unified Protocol for transdiagnostic treatment of emotional disorders to individuals and settings with high complexity**
Studio 214

Adapting the Unified Protocol for transdiagnostic treatment of emotional disorders to individuals and settings with high complexity
» Óscar Peris-Baquero, Maria Consuelo San Martin, Jorge Osma, Verónica Martínez-Borba, Trini Peláez-Martínez

9:30am **SC392: OCD Unlocked: Evidence-Based CBT Strategies for Immediate Impact**
Studio 215

OCD Unlocked: Evidence-Based CBT Strategies for Immediate Impact
» Lata McGinn

9:30am **S363: An Interpersonal Perspective on the Development, Course, and Treatment of Psychopathology**
Studio 216

An Interpersonal Perspective on the Development, Course, and Treatment of Psychopathology
» Carmen van den Bulck, Corine Dijk, Kyra Verboon, Jacqueline Peters, Juan Martin Gomez Penedo

11:15am **S126: Mindfulness-Based Interventions for health care professionals**
Studio 201 A-B

Mindfulness-Based Interventions for health care professionals
» Anne Speckens, Willem Kuyken, Sabien Bosman, Elena Nixon, Imke Hanssen

11:15am **S104: Compassion and Mindfulness**
Studio 206

Compassion and Mindfulness
» Johannes Michalak, Aaron Mroß, Melis Gun Ertan, Andreas Voldstad, Johannes Graser

11:15am **S100: Biobehavioral Synchrony and the Transmission of Stress Resilience in Families: Insights from a Belgian Multicenter Project**
Studio 211

Biobehavioral Synchrony and the Transmission of Stress Resilience in Families: Insights from a Belgian Multicenter Project
» Rudi De Raedt, Matias Pulopulos, Michel Sfeir, Nadischa Dierdorp, Mariah Matar, Sien Verelst, Mélanie De Leener

11:15am **SC147: From the cruellest cure to pleasant surprises: a transtheoretical approach to optimising extinction learning in exposure therapy**
Studio 212

From the cruellest cure to pleasant surprises: a transtheoretical approach to optimising extinction learning in exposure therapy
» Matt Stalker, George Wheatley

11:15am **SC241: Pratiquer la décision partagée en TCC : entrainer les compétences pour adapter les interventions à chaque patient**
Studio 213



Continued from **Thursday, 17 September**

Pratiquer la décision partagée en TCC : entrainer les compétences pour adapter les interventions à chaque patient

» [Manon Goosse](#)

11:15am SC151: Underused skills for overused substances: skills from DBT for substance use disorders

Studio 214

Underused skills for overused substances: skills from DBT for substance use disorders

» [Emily Cooney](#)

11:15am S152: Changing memory specificity to promote behavior change: From pre-imagining the future to reshaping the past

Studio 216

Changing memory specificity to promote behavior change: From pre-imagining the future to reshaping the past

» [Nienke Jonker](#), Bent-Andreas Mücke, Tom Barry, Irina Masselman

11:30am Keynote: From Restructuring to Relating: How Compassion Transforms the Therapeutic Process in Cognitive Behavioral Therapy

Copper Hall | Online Broadcast

From Restructuring to Relating: How Compassion Transforms the Therapeutic Process in Cognitive Behavioral Therapy

» Niki (Nicola) Petrocchi

11:30am Keynote: Advances in personalized and precision mental health care

Hall 100 | Online Broadcast

Advances in personalized and precision mental health care

» Jaime Delgadillo

11:30am (Keynote title)

The Arc

11:30am Keynote: From Idiographic Case Formulation to Evidence-Based Transdiagnostic CBT in Real-World Settings

Hall 400 | Online Broadcast

From Idiographic Case Formulation to Evidence-Based Transdiagnostic CBT in Real-World Settings

» Ebru Şalcioğlu

11:30am Three Minute Talks

Studio 215

Qualitative study of emotional regulation in schizophrenia

» [Emma ROLLAND-CARLICH](#)

Beyond Effectiveness: Assessing User Experience and Engagement in a Blended Care Mental Health Intervention (Soulseed)

» [Veerle Ross](#), Nele Jacobs, Pauline Hotterbeex, Alisa Robeyn, Anne Neyskens, Geert Wets, Kris Brijs

Clinical use of VRelax in forensic psychiatric settings in Sweden.

» [Sylwia Chlopicka](#)

Designing CBT ontologies for structured AI extraction: A multi-model comparison of JSON schema-driven outputs from therapy transcripts

» [Bartłomiej Glowacki](#)

Using temporal idiographic networks to guide personalised treatment for depression

» [Maria Semkovska](#), Danyan Zhang



Continued from **Thursday, 17 September**

A cognitive epidemiological model for training early intervention in psychosis multidisciplinary staff in their local population's culturally diverse psychosocial needs

» [Alysia Sweeney](#), Simran Seera, Thomas von Holstein-Wood, Alara Kopuz, Jonathan Souray, David Raune

Compassionate Mind Training for caregivers of individuals experiencing psychosis

» [Poppy Brown](#), Summer Runestad, Kate Hardy

Rumination as Compulsion: VVD and eRP as a Transdiagnostic Approach Beyond OCD

» [Miyo Okajima](#)

New Leaf: A patient centred digital companion which aims to enhance patient engagement and therapist workflow in NHS Talking Therapies

» [Nicola Tysoe](#), Brad Turner

Designing an RCT for AI-assisted CBT case conceptualization: A Beck (2020) framework-based methodology

» [Bartłomiej Glowacki](#), Lukasz Gaweda, Adrianna Aleksandrowicz

1:30pm **S130: CBT for anxiety and OCD in children: the role of parents and school professionals,**
Copper Hall | Online Broadcast

CBT for anxiety and OCD in children: the role of parents and school professionals

» [Lidewij Wolters](#), Maaike Nauta, Sanne Kleiborn, Juul Veeger, Ron Rapee

1:30pm **S163: Embracing the complexity of emotion dysregulation: a multidimensional and transdiagnostic perspective**
Hall 100 | Online Broadcast

Embracing the complexity of emotion dysregulation: a multidimensional and transdiagnostic perspective

» Alejandra Vaqué, [Maria Benkirane](#), Elena Costache, Louise Perrin

1:30pm **Panel Discussion: Men and Mental Health – Are We Letting Men Down?**
Hall 400 | Online Broadcast

Men and Mental Health – Are We Letting Men Down?

» [Saiga Naz](#), Nicholas Petrovic, Ercan ALTINOZ

1:30pm **S116: Control and repetition in emotional disorders**
Studio 201 A-B

Control and repetition in emotional disorders

» [Ragnar P. Ólafsson](#), Sarah Struyf, Tomasz Lemmens, Sigurður Viðar, Ernst Koster

1:30pm **SC573: I swear: How to treat tics and Tourette syndrome**
Studio 202

I swear: How to treat tics and Tourette syndrome

» [Jolande van de Griendt](#), Tara Murphy, Cara Verdellen

1:30pm **S599: Advancing Precision Mental Health Care: Machine Learning, Large Language Models, and Risk Monitoring**
Studio 204

Advancing Precision Mental Health Care: Machine Learning, Large Language Models, and Risk Monitoring

» [Kim de Jong](#), Jaime Delgadillo, Juan Martin Gomez Penedo, Rebekka Wassmann

1:30pm **S463: Clearing the Emotion Regulation Strategy Jungle: Higher-Order ER Factors and Their Links to Symptomatology and Neural Correlates**
Studio 206



Continued from Thursday, 17 September

Clearing the Emotion Regulation Strategy Jungle: Higher-Order ER Factors and Their Links to Symptomatology and Neural Correlates

» [Sarah Wyka](#), Sarah Wellan, Till Langhammer

1:30pm S401: Coping with childhood bullying: From mechanisms to interventions

Studio 211

Coping with childhood bullying: From mechanisms to interventions

» [meng liang](#), Ernst Koster, Tong Lin, Manon Deryckere

1:30pm S183: Preventing depression in youth: from effective interventions to real-world practice

Studio 212

Preventing depression in youth: from effective interventions to real-world practice

» [Sanne Rasing](#), Josefien Breedvelt, Maria Loades, Wendy Rongen

1:30pm S98: Harnessing Cognitive and Computational Tools to Optimize Interventions Targeting Depression and Anxiety Risk

Studio 213

Harnessing Cognitive and Computational Tools to Optimize Interventions Targeting Depression and Anxiety Risk

» Gabrielle Van Tomme, Annabel De Clercq, Alvaro Sanchez-Lopez, [Kristof Hoorelbeke](#)

1:30pm S99: Psychological Therapies for the Treatment of Psychosis: Clinical Trials in Context

Studio 214

Psychological Therapies for the Treatment of Psychosis: Clinical Trials in Context

» [Laina Rosebrock](#), Daniel Freeman, Eva Tolmeijer, Simone Burger

1:30pm S364: Compassion Focused Therapy in Action: Clinical, Educational, and Forensic Applications

Studio 215

Compassion Focused Therapy in Action: Clinical, Educational, and Forensic Applications

» Niki (Nicola) Petrocchi, [Ruben Sousa](#), Pietro Muratori, Elena Berti, Mariana Linharelhos, Carlotta Bertini

1:30pm S114: Treating Unique Individuals in a Globalized World: Cultural, Dissemination, and Transdiagnostic Advances in CBT

Studio 216

Treating Unique Individuals in a Globalized World: Cultural, Dissemination, and Transdiagnostic Advances in CBT

» [Mehmet Sungur](#), Yusuf Sivrioğlu, Çağdaş Öykü Meriç

1:30pm WS3: When Exposure Fails: Optimizing Inhibitory Learning in Trauma-Linked Phobias through Attachment-Based Formulation and Compassion-Focused Therapy

Studio 311

When Exposure Fails: Optimizing Inhibitory Learning in Trauma-Linked Phobias through Attachment-Based Formulation and Compassion-Focused Therapy

» [isabelle Leboeuf](#)

1:30pm WS4: Come as you are. The use of Self of the Therapist in Cognitive Behavioral Therapy

Studio 312

Come as you are. The use of Self of the Therapist in Cognitive Behavioral Therapy.

» [ilse devacht](#)

3:30pm S478: Depressive symptoms in children and adolescents: associated factors and their role in (anxiety) treatment

Copper Hall | Online Broadcast



Continued from Thursday, 17 September

Depressive symptoms in children and adolescents: associated factors and their role in (anxiety) treatment

» [Bonny van Steensel](#), Anke Klein, Denise Bodden, Liesbeth de Pauw-Telman, Heleen Goemaere, Caroline Braet

3:30pm

S141: From Detection to Treatment: Trauma-Related Mechanisms and CBT-Informed Interventions in Intimate Partner Violence

Hall 100 | Online Broadcast

From Detection to Treatment: Trauma-Related Mechanisms and CBT-Informed Interventions in Intimate Partner Violence

» Nicole van Gelder, [Erica Pugliese](#), Federica Nava, Federica Visco Comandini

3:30pm

S172: Transdiagnostic Applications of Exposure Therapy: Expanding the Boundaries of Behavioural Treatment

Hall 400 | Online Broadcast

Transdiagnostic Applications of Exposure Therapy: Expanding the Boundaries of Behavioural Treatment

» [Skye King](#), Ghislaine Schyns, Anita Jansen, Marleen Rijkeboer

3:30pm

S455: Do you hear me? Parental Attunement and Support for Children with Mental Health Problems

Studio 201 A-B

Do you hear me? Parental Attunement and Support for Children with Mental Health Problems

» [Bernet Elzinga](#), Cosima Nimphy, Wilma Wentholt, Guy Bosmans, Marjanke Ruys-Zonnenberg

3:30pm

SC61: Helping Parents with Anxiety to Raise Confident Children

Studio 202

Helping Parents with Anxiety to Raise Confident Children

» [Sam Cartwright-Hatton](#), Abby Dunn

3:30pm

S374: How the echo of the past shapes the future: Mental imagery, fear of cancer recurrence, personalized care, and innovations in EMDR-therapy

Studio 204

How the echo of the past shapes the future: Mental imagery, fear of cancer recurrence, personalized care, and innovations in EMDR-therapy

» [Vivian Pijnenburg](#), Marije van der Lee, Linos Vossoughi, Gaetan Mertens

3:30pm

S144: Enhancing cognitive behavioural therapy for OCD: from mechanistic insights to maintenance of gains

Studio 206

Enhancing cognitive behavioural therapy for OCD: from mechanistic insights to maintenance of gains

» [Chiara Causier](#), Chloe Chessell, Lara Farrell, Paul Salkovskis, Josie Millar

3:30pm

S140: How adversity shapes learning: Evidence from human fear conditioning studies

Studio 211

How adversity shapes learning: Evidence from human fear conditioning studies

» [Celine Samaey](#), Lieselotte Claes, Rianne de Kleine

3:30pm

S79: Mindfulness and Acceptance-based Interventions for Chronic Medical Conditions: Evidence, Optimization, and Mechanisms

Studio 212

Mindfulness and Acceptance-based Interventions for Chronic Medical Conditions: Evidence, Optimization, and Mechanisms

» Nasim Badaghi, Mia Skytte O'Toole, Marloes Huijbers, Franziska Goltz, [Anne Speckens](#)



Continued from Thursday, 17 September

3:30pm **S170: Dampening Positive Affect: New Empirical Insights and Clinical Translation**
Studio 213

Dampening Positive Affect: New Empirical Insights and Clinical Translation

» [Liesbeth Bogaert](#), Myriam Gérardy, Clementine Edwards, Taryn Hutchinson, Asha Ladwa

3:30pm **S527: Schema Therapy for Personality Disorders: Theoretical Perspectives from Forensic and General Populations**
Studio 214

Schema Therapy for Personality Disorders: Theoretical Perspectives from Forensic and General Populations

» [Duygu Yakin](#), Eva Billen, Aire Valiente, duygu altin, Canan Taslioglu, Arnoud Arntz, Mine Pazarcıkci, Seda Gunes

3:30pm **S87: Developmental Perspectives on Body Dysmorphic Disorder: From Functional Impact to Treatment**
Studio 215

Developmental Perspectives on Body Dysmorphic Disorder: From Functional Impact to Treatment

» Georgina Krebs, [Andrea Hartmann Firnkorn](#), Daniel Rautio, Lorena Fernández de la Cruz, Amita Jassi, Julia Engelkamp, Elizabeth Hogg

3:30pm **S597: Les programmes Incredible Years dans la francophonie : nouvelles données, nouveaux contextes, nouvelles perspectives**
Studio 216

Les programmes Incredible Years dans la francophonie : nouvelles données, nouveaux contextes, nouvelles perspectives

» [Marie-Josée Letarte](#), Audrey Goulhot Bolcato, Pauline Misset, Veronica Scotto, Darline MEDNA, Marie-Michèle Brossard

5pm **Keynote: Improving CBT from Molecules to Models**
Copper Hall | Online Broadcast

Improving CBT from Molecules to Models
» Stefan G. Hofmann

5pm **Keynote title: LGBTQ-Affirmative Mental Health Care: From Theory to Trials to Community Implementation**
Hall 100 | Online Broadcast

LGBTQ-Affirmative Mental Health Care: From Theory to Trials to Community Implementation
» John Pachankis

5pm **(Keynote title)**
The Arc

5pm **(Keynote title)**
Hall 400 | Online Broadcast

5pm **OP2: Youth Mental Health and Development**
Studio 201 A-B

Self-beliefs, traumatic memories, imagery and self-compassion among socially anxious university students: associations between target variables and change during brief cognitive therapy program

» [Klaus Ranta](#), Siiri Lampela, Johanna Isojärvi, Marjo Sampokoski, Paula Saari, Heini Saarimäki

Enhancing Academic Achievement and Managing Test Anxiety via ACT-Based Psychoeducation: A Longitudinal Randomized Controlled Trial in Adolescents

» [Aykut Kul](#), Fulya Türk, Ruveyda Yegen, İbrahim Yegen, Deniz Doğan



Continued from **Thursday, 17 September**

Interoceptive Bias and Emotion Regulation as Mechanisms in Childhood Social Anxiety Disorder: Evidence from Repeated Social Stress

» [Nadine Vietmeier](#), Brunna Tuschen-Caffier, Julia Asbrand

L'Océan des Possibles : un nouvel outil de prise en soin des adolescents présentant des symptômes psychotiques précoces.

» [Théo ARNAUD](#), Anaëlle PALAZZOLO, Agnès Lacroix

Sleep Deprivation in Singapore Adolescents: Patterns, Barriers, and Implications

» [Lucy Tan](#)

Boosting emotion regulation in adolescents: Studying the effectiveness of Boost Camp

» [Laura Wante](#), Heleen Goemaere, Jolien Braet, Brenda Volkaert, Caroline Braet, Kristof Hoorelbeke

5pm

OP9: Digital and Technology-Enhanced CBT

Studio 202

Cue Exposure in Virtual Reality for Alcohol Craving: Application in the REAL NIGHTS Project

» [Mara Šimunović](#), Renata Glavak Tkalić, Desiree Colombo, Ines Sučić, Vicko Čudina, Katarina Perić Pavišić, Bruno Škovrlj

Self-Compassion and Rumination in People with Chronic Headaches: The Mechanisms of MBCT

» [Dóra Perczel-Forintos](#), Dorottya Sal, Emma Lökkös

Diversifying digital: Real world outcomes and process insights from internet delivered CBT for diverse populations

» Alison Mahoney, Christine Shiner, Leah Curran, Katherine Dobinson, Vanessa Dong, Denise Meuldijk, [Karishma Rajan Menon](#), Jay Court, Marie-Louise Singh, Michael Millard

5pm

OP25: Training, Supervision and Workforce Development

Studio 204

Dimensions of therapist beliefs about exposure: Internal structure and psychometric validation of a Dutch adaptation of the Therapist Beliefs about Exposure Scale (TBES)

» [Arnold van Emmerik](#)

Training Tomorrow's Therapists in Suicide Prevention: Blended, E Learning and AI Based Clinical Skills Training

» [Joanne Mouthaan](#), Anna R. Hudson, Ruth Van der Hallen, Derek de Beurs, Jaël van Bentum, Wouter van Ballegooijen, Maartje Schoorl

Freedom to Act: a reflexive thematic analysis of trainees' and supervisors' comments on wishes, challenges and dilemmas in learning how to do DBT

» [Emily Cooney](#), Vibh Forsythe Cox, Sara Schmidt

5pm

OP21: Health, Wellbeing and Behavioural Medicine

Studio 206

Infertility-Related Stress, Interpersonal Emotion Regulation, and Psychological Well-Being in Couples Undergoing Fertility Treatment: A Dyadic Study

» [özge nur muslu](#)

IMPROVING HAPPINESS FOR THE PROMOTION OF HEALTH

» [Federico Colombo](#)

Etude de validation psychométrique de la version française de la Healthy Lifestyle Behaviours Scale (HLBS II) : l'Échelle des comportements d'hygiène de vie (ECHV)

» [Yasemin Ayhan](#), Esin Er, Anne-Marie Etienne

Understanding the Psychological Impacts of Shielding from COVID-19 for Immunocompromised Individuals

» [Jo Daniels](#), Anna Gray, Julie Barnett, Luca Bernadi



Continued from **Thursday, 17 September**

5pm **Technical Demonstrations**
Studio 212

OCD House: Virtual Reality Exposure Therapy for OCD

» [Katarína Adamcová](#), Markéta Jablonská, Pavla Stopková, Iveta Fajnerová

BreezeTerraVR: Immersive Relaxation Breathing Training with Biofeedback

» [Markéta Jablonská](#), Katarína Adamcová, Pavla Stopková, Iveta Fajnerová

Friday, 18 September

8:30am **Keynote: Cultural Adaptation of CBT for Youth Anxiety and Depression in Non-WEIRD Nations**
Copper Hall | Online Broadcast

Cultural Adaptation of CBT for Youth Anxiety and Depression in Non-WEIRD Nations

» Cecilia A. Essau

8:30am **Keynote: Digital Mental Health: From Promise to Practice to Pause?**
Hall 100 | Online Broadcast

Digital Mental Health: From Promise to Practice to Pause?

» Ioana R. Podina

8:30am **OP7: Trauma, humanitarian crisis**
The Arc

A Feminist Adaptation of Narrative Exposure Therapy for Gendered Political and Sexual Trauma: A Qualitative Study of Egyptian Women Survivors

» [Kholoud Saber Barakat](#)

Assessing Prolonged Grief Severity from Narrative Text Using AI-Based Methods

» [Chusi Xie](#), Muriel A. Hagenaars, Paul A. Boelen

ICD-11 PTSD and Complex PTSD using a Broader ICD-11 Symptom Set: Latent Profiles, Predictors, and Outcomes

» [Reuben Kindred](#), Maja Nedeljkovic, Glen Bates

Unique Trauma Histories, Unique Treatment Needs? Evaluating Narrative Exposure Therapy for PTSD Following Repeated Childhood Trauma

» [Chris Hoeboer](#), Laura Wienen, Mary Smiddy, Steven Van der Werff, Marija Maric, Edith Tjoa, Lucie Timmers, Maartje Schoorl

Blended cognitive therapy for PTSD in routine care: a multi-centre, multi-study evaluation

» [Johan Lundin](#), Sigrid Salomonsson, Markus Jansson-Fröjmark, Per Carlbring, Tobias Lundgren, Anke Ehlers, Nick Grey

8:30am **OP12: Mechanisms and Processes of Change in CBT**
Studio 201 A-B

Mapping Mechanisms of Therapeutic Change using Causal Network Analysis

» [Rebecca Schulz](#), Franziska Schutzeichel, Lourens Waldorp, Marije aan het Rot, Klaske Glashouwer, Sanne van Doornik, Brian D. Ostafin, Reinoud Wiers, Peter de Jong

Psychotherapy for PTSD - a scoping review of how change during treatment has been studied

» [Nicolas Garcia Mejia](#)

Irrational Beliefs and Gender Role Attitudes in Couples: Evidence from an APIM Study

» [Sanda Stanković](#)



Continued from Friday, 18 September

Temporal Network Dynamics of Outcome Expectations, Therapeutic Alliance and Symptom Improvement in the Treatment of Prolonged Grief Disorder

» [Ada-Filine Zeh](#)

8:30am

OP14: Psychosis and Clinical Complexity

Studio 202

Real Physical Harm Causally Contributed to by Auditory Verbal Hallucinations Containing a Harmer of the Patient in a Culturally Diverse Early Intervention in Psychosis Service : implications for early intervention CBT physical harm prevention

» [Sahara Ghida](#), Alisia Maciu, Jennifer McGowan, Alysia Sweeney, Charmayne Lau, Angel Au, David Raune

Using Virtual Reality to improve distressing voices and their social interference in early psychosis: the AVATAR_VRSocial trial

» [Melina Luker](#), Tessa Wirtz, Tom Ward, Ekinan Tas, Mark Huckvale, Thomas Craig, Mar Rus-Calafell

Social connectedness in people with recent onset psychosis and suicidal experiences: A systematic literature review

» [Kamelia Harris](#), Gillian Haddock, Sarah Peters, Lee D Mulligan, Patricia Gooding

8:30am

OP22: Health, Wellbeing and Behavioural Medicine

Studio 204

The Effect of Heart Rate Variability Biofeedback Training on Attentional Control among Stressed Pregnant and Non-Pregnant Women: A Randomized Controlled Trial

» [Wieke de Vente](#), Esi van der Zwan, Bram Van Bockstaele, Paul Lehrer, Anja Huizink

Thriving Beyond the Diagnosis: A Meta-Analysis of Resilience and Mental Health in Cancer Survivorship

» [Alexander Tudose](#)

The paradox of progress: a structured football-based intervention to enhance self-efficacy and emotion regulation in children

» [Tore Aune](#)

8:30am

OP23: Ageing, Caregiving and Lifespan Issues

Studio 206

Impact of Perceived Relationship Quality Changes on Dementia Family Caregivers' Well-being: The Role of Gender and Kinship.

» [Laura Merida-Herrera](#), Isabel Bermejo-Gómez, Inés García-Batalloso, Laura Gallego-Alberto, Sara Serrano-Lozano, Isabel Cabrera-Lafuente, María Márquez-González

The Dynamic Interplay between Positive Affect, Negative Affect, and Emotional Ambivalence in Caregivers of People with Dementia: a Temporal Network Analysis Approach

» [Inés García-Batalloso](#), María Márquez-González, Laura Gallego-Alberto, Laura Merida-Herrera, Isabel Bermejo-Gómez, Sara Serrano-Lozano, Isabel Cabrera-Lafuente

The role of grief in depressive symptoms among dementia caregivers: does grief contribute?

» [Isabel Bermejo-Gómez](#), Isabel Cabrera-Lafuente, Laura Gallego-Alberto, Laura Merida-Herrera, Inés García-Batalloso, Andrés Losada-Baltar, María Márquez-González

8:30am

Three Minute Talks

Studio 211

The effect of a short slow paced breathing exercise on positive reappraisal of autobiographic negative memories.

» [Jente Depoorter](#), Kristof Hoorelbeke, Rudi De Raedt,

What psychological processes are involved in the Genito pelvic Pain and/or Penetration Disorder? A scoping review.

» [Juliette Becq](#)



Continued from Friday, 18 September

From Childhood Adversity to Personality Pathology: The Mediating Role of Emotion Dysregulation in a Meta-Analytic Structural Model

» [Simona Miron](#), Oana Alexandra David

Processes in Psychotherapy: A Scoping Review

» [Marlon Westhoff](#)

From Schemas to Social Attitudes: Early Maladaptive Schemas as Predictors of Hostile and Benevolent Sexism in Women

» [Sanda Stanković](#)

Interoception, Emotional Dynamics, and Alexithymia in Autism

» [Marine Grota](#)

CBT, Consciousness Activation, and Yoga: A Three Pillar Approach implemented in migrant populations

» [Agnieszka SUCHOCKA CAPUANO](#)

Childhood Trauma and Adult Functional Outcomes: Do Adolescent Attention Problems Moderate Longitudinal Effects?

» [Diana Heath](#)

Stigma experiences differ between men and women following military sexual trauma in their contributions to PTSD symptoms

» [Jane Park](#)

8:30am Technical Demonstrations

Studio 212

Therapy Support: Ontology-Based AI Extraction for CBT Clinical Practice - A Platform for Case Conceptualization, Process Tracking, Working Hypotheses, and Cross-Session Continuity

» [Ewa Cylwik](#)

Theramate: An AI-Augmented Practice Platform Supporting the Scientist-Practitioner Model in CBT — A Clinical Case Demonstration

» [Catherine Frenoy](#)

8:30am

WS5: "Mad, bad and dangerous": The cognitive-behavioural approach to OCD

Studio 311

"Mad, bad and dangerous": The cognitive-behavioural approach to OCD

» [Maureen Whittal](#), Anna Coughtrey, Roz Shafran

8:30am

WS6: Integrating Attachment Theory in Child and Adolescent CBT practice

Studio 312

Integrating Attachment Theory in Child and Adolescent CBT practice

» [Guy Bosmans](#)

8:30am

Posters

Posters

Baseline Symptom Severity Predicts Post-Treatment Outcomes in Cognitive Behavioral Therapy

» Evdoxia Tsigkaropoulou, [Christina Golemati](#), Ioannis Michopoulos

A Systematic Review and Meta-Analysis on Perfectionism and Emotion Regulation

» [Gabriela-Andreea Tinta](#), Teodora Larisa Vișan, Aurora Szentagotai-Tatar

Do neuroticism and mindfulness play a role in mood-reactive rumination? A daily diary study

» [Josip Razum](#), Filipa Čavar Mišković, Goran Milas



Continued from **Friday, 18 September**

Coping Strategies and Sense of Belonging among Balkan Migrants in the European Union

» Andjela Rutovic, [Natalija Ilic](#), Milena Pljaskic, Aleksandar Lazarevic

Applying CBT-E to Treat Binge-Eating Disorder in an Individual with Schizophrenia: A Clinical Case Study

» [Martin Cernvall](#)

Interpersonal Sensitivity as a Mediator of Treatment Outcomes in Cognitive Behavioral Therapy: A Pilot Naturalistic Study in University of Crete CBT Training Programme.

» [Emmanouil Papastefanakis](#), Eleftheria Vogiatzi, Maria Karataraki, Alexandros Vgontzas

Exploring Cyberchondria: Online Health Searches Across Physical and Mental Health Domains in Young Adults

» [Filipa Pancada-Fonseca](#), Filipa Pimenta, João Marôco

Cognitive Behavioral Therapy in Work with Parents of Children with Chronic Illness

» [Joanna Marek-Banach](#), Agata Wytykowska-Kaczorek, Magdalena Poraj-Weder, Jarosław Rola

Cognitive Behavioral Therapy in Work with Socially Maladjusted Youth

» [Anna Dabrowska](#), Joanna Marek-Banach

Rumination and maladaptive daydreaming: Preliminary findings of a regression analysis using a sample of university students

» [Shivani Atul Mansuklal](#), Gerhard Andersson, Eli Somer, Patricia M. Pascoal

Doomscrolling as a Safety-Seeking Compulsion: A Metacognitive Model Linking Obsessive Intrusions and Obsessive Symptoms

» Ekin Deniz Gumustas, [Gozde Aciker Kurtay](#)

When early wounds shape later love : A moderated mediation model linking cumulative childhood trauma to relationship satisfaction through mindfulness, with dissociation and self-compassion as moderators.

» [Alexandru Baciu](#), Tedora-Elena Hutanu, Andrei Corneliu Holman

Trauma-informed cognitive behavioral therapy: A clinical perspective

» [Ibuki Mohri](#)

Differential Associations of Freelance Work with Life Satisfaction and Work Engagement Compared with Regular Employment: The Roles of Sex and Marital Status

» [Takumu Kurosawa](#), Mariko Shimoda, Yukari Kimura, Makiko Hibi, Akari Tanigaki, Ryu Takizawa

An Examination of the Effects of a Short-Term Workshop on the Sense of Efficacy Regarding the Care of Residential Children Among Newly Staff at Japanese Foster Care Facilities

» [Ayako Takii](#), Daisuke Ito

Distinguishing Genuine from Illusory Posttraumatic Growth: An ACT Perspective

» [Josefine Quelle](#), Mia Skytte O'Toole

Mental Health and Fear of Cancer Recurrence within the Cancer Survivor-Caregiver Dyads: A SEM Meta-Analysis

» [Teodora Vlad](#), Ioana Podina, Laurențiu Maricuțoiu

Embodied Psychological Flexibility in Acceptance and Commitment Therapy

» [Ebbe Grarup Mollerup](#)

Supporting parents with adverse childhood experiences in reducing child externalizing problems: The 'My Own Childhood' module

» Laurien Meijer, [Eline Noor](#), Jeanne Gubbels



Continued from Friday, 18 September

Establishing the Causal Role of Attachment in Paranoia and Mechanisms of Change: Implications for Cognitive Behavioural Therapy for Psychosis

» [Monica Sood](#), Katherine Newman-Taylor, Kathy Carnelley

The self-stories of parents with histories of adverse childhood experiences: A qualitative study

» [Laurien Meijer](#), Roel van der Veen, Nienke van Sambeek, Jeanne Gubbels

The effect of parental adverse childhood experiences on parenting: A meta-analytic review

» [Jeanne Gubbels](#), Laurien Meijer, Daniëlle van der Giessen

The Evidence-Practice Gap in PTSD Treatment: Barriers to Implementation Among Psychologists in Japan

» [Daisuke Ito](#)

Beyond the Ideal: How Body Appreciation Protects Young Adolescents from Dieting Pressures

» [Lien Goossens](#), Sandra Verbeken, Eva Van Malderen, Elisa Boelens

Feeding the Mood: The role of parental emotion socialization in children's avoidance-oriented behaviors observed during mealtimes

» [Sandra Verbeken](#), Juliette Taquet, Kim Dierickx, Lien Goossens

Beyond Humor Preference: Mechanisms of Change in Verbal Value Discounting and emphasized Rumination Prevention for OCD

» [Chika Yoshikawa](#), Takako Miyaaki, Miyo Okajima

Effectiveness of Cognitive-Behavioral Therapy in Reducing Depression Among Albanian Adults: The Role of Compassion-Based Techniques in Targeting Guilt and Shame

» Eleana Naci, [Alteo Kasaj](#), Vilma Ruci, Anastasia Ristani, Joana Burxi, Stefania Naci

The latent structure of depression and anxiety: a bifactor exploratory structural equation model of the PHQ-9 and GAD-7 in primary care

» [Gabriel Esteller Collado](#), Maider Prieto Vila, Roger Munoz

The role of parenting practices in the development of rumination in childhood and adolescence : Preliminary results

» [Justine Marneffe](#), Raffaella Di Schiena

Patient-Reported Data After CBT-Based Inpatient Treatment: Developing a Theoretically Informed Model of Integrated Dual Diagnosis Care – A Pilot Study

» [Jonathan Larsen](#), janne theisten

Toward a More Precise Assessment of Motor Imagery for Imagery-Based CBT: Preliminary Findings

» [Adèle Hus](#), Vincent Leleu, Christine Moroni

Gambling disorder among students and young adults: an urgent prevention target

» [Lucia Romo](#), Mélanie Rome, Oulmann Zerhouni

Characteristics and Challenges of Psychological Services in Spanish Primary Care Settings

» Alba Fadrique Jiménez, [Óscar Peris-Baquero](#), Miranda Sánchez Albentosa, Iván Prieto Rollán, Jorge Osma

Enhancing Help-seeking in Psychosis: The Role of Attachment, Self-Stigma and Perceived Availability of Help

» [Wenjin Liu](#), Katherine Carnelley, Katherine Newman-Taylor

The Moderating Roles of Belief in a Just World and Emotion Regulation Difficulties in the Relationship Between Negative Life Events and Depression in Emerging Adulthood

» [Elif Melike Melek](#), Ceyda Güler

Understanding Personal Recovery from Mental Health Difficulties among Adolescents with a Maghrebi Migrant Background: A Mixed-Methods Study Protocol

» [Adel Saddiki](#), Raffaella Di Schiena



Continued from Friday, 18 September

Language, Learning, and Integration: A Longitudinal Study of Students from East Jerusalem

» [Ayat Abu Kheit](#), Tova Hartman, Sharbel Shoukair

Between Stigma and Resilience: Experiences and Coping Strategies of Parents of Children with Autism Spectrum Disorder in Arab Society in Israel

» [Ayat Abu Kheit](#), anan Abu Saleh Khawaled, Nuzha Alasad Alhuzail

A Review for Clarifying the Roles Expected of Psychologists After Large-Scale Disasters — Organization and Recommendations from a Cognitive Behavioral Therapy Perspective —

» [Shunsuke Koseki](#), Miki Yamano-Ikeda

A transdiagnostic CBT-Music group to improve low self-esteem in psychosocial rehabilitation

» [Chloé Cognard](#), Emmanuel Lemarchand, Hervé Platel

A Comparative Study of Brazilian Jiu-Jitsu Practitioners, Runners, and Sedentary Adults on Psychological Resilience and Perceived Stress variables

» [Adel Saddiki](#), Sylvie Blairy

Exploring Dysfunctional Thoughts and Anticipatory, Relief-Oriented and Permissive Beliefs Associated with Chemsex Practice: A Qualitative Study

» [Mathilde Monchicourt](#)

ALFF-Based Classification of SAD, MDD, and GAD: Toward CBT-Informed clinical characterization

» [Ritu Bhusal Chhatkuli](#), Junbing He, Tomomi Nagano, Tokiko Yoshida, Yuko Isobe, Eiji Shimizu, Yoshiyuki Hirano

The Effects of a Single Session of Cognitive Bias Modification on Appearance Perfectionism and Interpretation Bias

» [YU Yan-Lin](#)

Goal Setting and Progress in a Digital, Parent-led Intervention for Child Anxiety Problems - Preliminary Findings from a Content Analysis

» [Emily Whitaker](#), Chloe Chessell, Cathy Creswell

Development and Evaluation of a Web-Based Lifestyle Intervention for Depression in Young Adults: A Randomized Controlled Trial

» [Maedeh Parvin](#), Camille Fontaine, Anne-Marie Etienne, Aurélie Wagener

Mind-wandering prevents the enhancement of optimism by interrupting reward processing: An investigation using the experience sampling method

» [Yuki Nishiguchi](#)

Preadolescent obsessive-compulsive symptoms predict later internalizing disorders

» [Yuko Isobe](#), Yoshiyuki Hirano, Eiji Shimizu

A systematic review of factors associated with reward anticipation and their potential for interventions targeting mental health problems

» [Jessie van Grieken](#)

Reappraisal Flexibility and Reappraisal Use Across High- and Low-Stress Situations

» [Megumi Oikawa](#), Ryota Kobayashi, Michiko Sakaki, Kou Murayama

A Trial-based Economic Evaluation of Group and Individual Schema Therapy versus Treatment as Usual for Patients with a Cluster-C Personality Disorder

» [Juno Groot](#), Silvia Evers, Anne-Sophie Venhuizen, Raoul Grasman, Nathan Bachrach, Arnoud Arntz

Cultural Adaptation of a One-Day Online CBT Group Workshop for Postpartum Depression in Türkiye: A Pilot Randomized Controlled Trial

» [büşra kalaça](#), Ryan J. Van Lieshout, Pelin Seçgin, Perran Boran, Hatice Ezgi Barış, Mahmut Caner Us, Ayşe Sakallı Kani



Continued from Friday, 18 September

Online Cognitive Behavior Therapy Interventions for Anxiety in Children and Adolescents: A Systematic Review and Meta-Analysis

» [Denisa-Maria Moldovan](#), Anca DOBREAN

Impact of the Big Five Personality dimensions on the Short and Long-Term Outcomes of a Group Cognitive Behaviour Therapy Cohort in Chronic Fatigue Syndrome

» [Jela Illegems](#), Inge Glazemakers, Jarl Kampen, Rita Van Royen, Greta Moorkens, Filip Van Den Eede

Development of a Modular CBT-Based Treatment for Depression in Young Adults to Reduce Symptoms and Risk of Future Relapse.

» [Gabrielle Grey](#), Roz Shafran, Joshua Buckman

Évaluer la Conscience Émotionnelle à travers deux dimensions : la Clarté et l'Attention émotionnelles

» [Caroline Pierre](#), André Ferrara, Sylvie Blairy

Evaluation of Interorganizational Collaboration and Coordination in Mental Health and Psychosocial Support (MHPSS) During Disasters: A Study of the 2016 Kumamoto Earthquake and the 2019 Typhoon No. 15

» [Miki Yamano-Ikeda](#), Shunsuke Koseki

Daily Mental Imagery Practice, Behavioral Activation, and Depression : A Comparison of Three Brief Interventions

» [Ecaterina Lazari](#), Sylvie Blairy

Longitudinal Patterns of Change for PTSD, Anxiety, Depression, and Pain Symptoms during Transdiagnostic Modular Treatment

» [Nicolas Garcia Mejia](#)

How do episodic climate future projections influence pro-environmental attitudes, behaviors, emotions and related psychological distress? A systematic review of experimental evidence.

» [Nathalie Castaigne](#), Camille Mouguiama-Daouda, Alexandre Heeren

Bidirectional Longitudinal Relationship Between Insomnia Severity and Daytime Functioning: A Cross-Lagged Panel Model Using an Insomnia-Specific Quality-of-Life Measure

» [Naoko Ayabe](#), Kazuo Mishima

Grief Rumination as a Predictor of Prolonged Grief, Anxiety, and Depression: A Structural Equation Modeling Study

» [Elif Usta](#), Mùjgan İnözü-Mermerkaya

Measurement invariance of the Behavioral Emotion Regulation Questionnaire across gender, age, clinical status, and time in a sample of adolescents

» [Diana-Ioana Grama](#), Anca DOBREAN, Robert Balazsi, Elena Predescu

How Do Depressive Symptoms Shape Interpersonal Perception and Anticipation? A Video-Based Study Within the Interpersonal Circumplex Framework

» [Alena Koop](#)

Improvements in Health-Related Quality of Life in DBT: Findings from a UK-Wide Benchmarking Platform

» [Ayesha Saifi](#), Thandi Gilder, Joshua Osborne, Michaela Swales, Julieta Azevedo

Metacognitive training for depression (D-MCT) program in postpartum depression: a study protocol

» [Chrystel Besche-Richard](#), Sabrina HAMMAMI, Julie Auer, Anne-Catherine Rolland-Bride

Targeting Cognitive Biases in Schizophrenia Through Michael's Game: Findings From a Single-Case Experimental Design

» [Chrystel Besche-Richard](#), Hanane Desruets-Badouh, Vincent Leleu, Sophie Saïd

Developing a Measure of Metacognitive Beliefs About Mind-Wandering: A Study Protocol and Preliminary Psychometric Evaluation

» [Marta Szastok](#), Zofia Kostrzewa, Małgorzata Para, Monika Kornacka



Continued from **Friday, 18 September**

Therapeutic change in CBT for procrastination: clinical outcomes and neurophysiological markers of attention and emotion regulation

» [Weronika Maria Browarczyk](#), Ewa Wiwatowska, Magdalena Pietruch, Joachim Kowalski, Marek Wypych, Jarosław M. Michałowski

Améliorer les interactions éducatives à la petite enfance grâce à la participation à Incredible Beginnings.

» Victoria Allison, Marie-Michèle Brossard, Laurianne Couture, [Marie-Josée Letarte](#)

Which Processes Should I Assess for This Client? Experience sampling methods & network models in everyday clinical practice

» [Monika Kornacka](#), Marta Szastok, Anna Jaskulska, Wiesław Kopeć, Małgorzata Para, Steven Barnes

Panic Disorder or Frontal Lobe Tumor? A Case of Organic Etiology Mimicking Dissociative Panic Attacks and Cognitive-Behavioral Formulations

» [Zeynep Züleyha Kablana Yardım](#), Hasan Turan Karatepe

Promoting an interpersonal style that supports children's psychological needs and mental health: A pilot study evaluating the implementation of the "Talk/Listen" program among parents and teachers

» [Kathleen Adelaide](#), Raffaella Di Schiena

The Anxiety Monster: A Transdiagnostic CBT-Based Play Intervention for Childhood Anxiety Disorders – A Case Series

» [Fikriye Bilge Bircan](#)

Efficacy and safety of agent-guided Internet-based cognitive behavioral therapy for patients with depression, generalized anxiety, and social anxiety: a three-arm pilot randomized controlled trial

» [Robert Szymański](#), Stanisław Karkosz, Katarzyna Sanna, Jarosław M. Michałowski

Inhibitory Control as a Just-in-Time Intervention for Uncertainty Intolerance: A Pilot Mobile Application Study

» [Tamar Raanan](#)

Technology, Sexual Response, and Intimate Satisfaction in Romantic Relationships

» [Cátia Oliveira](#), Rafaela Marques, Maria José Ferreira

Hidden Forms of Intimate Partner Violence: Subtle Relational Aggression, Attachment, and Sexual and Relational Satisfaction in Adult Relationships

» [Cátia Oliveira](#), Francisca Azevedo, Maria José Ferreira

Towards an Integrative Cognitive-Metacognitive Model of Insomnia: A Research Proposal Investigating Vulnerability and Protective Factors in Insomnia Maintenance

» [Bernadett Becz](#), Gabriella Vizin

Breaking 15 Years of Resistance in Scrupulosity: An Illustrative Case from a Randomized Controlled Trial Using the 4T Cognitive Model Therapy

» [Nurşin Çetiner](#), Taha Burak Toprak, Nursima Çavuş

Subtle Relational Aggression in Intimate Relationships: Associations with Sexual and Relational Satisfaction

» [Cátia Oliveira](#), Juliana Gomes, Maria José Ferreira

From Anger Regulation to Social-Emotional Learning: Developing CBT Play Therapy-Informed Activities for Younger Primary School Children

» [Lilijana Šapić Kozar](#)

Discussing Religion in NHS Talking Therapies: A Mixed-Methods Study of Therapists' and Service Users' Perceptions and Experiences

» [Hira Sharif](#), Paul Salkovskis, Graham Thew, Hibah Hassan

Implementing European Standards in Dual Diagnosis Treatment: Evaluation of a Schema Therapy Initiative in Georgia

» [Ketevan Abdushelishvili](#), Nino Mirzakashvili, Irma Khabazi



Continued from **Friday, 18 September**

Beyond the Individual: Rediscovering We-Ness in Therapeutic Practice

» [Jessica Morton](#), Pierre Bouchat, Mark Tarrant

Piloting new group CBT approaches for the treatment of comorbid ADHD, with depression and anxiety.

» [Lloyd Catley](#)

Obsession or Compulsion? Recent Developments in Treating Mental Compulsions in OCD

» [Asher Strauss](#)

How to effectively use Motivational Interviewing techniques in Cognitive Behavior Therapy

» [Kiril Bozgunov](#)

Same Drivers, Different Routes: Divergent Transdiagnostic Pathways in Social Anxiety and Gambling Disorder

» [Nihan Osmanağaoğlu](#), Furkan Rüßen, Beyza Ataseven

CBT and philosophy: Revisiting the critical appraisal of ACT

» [Josef Mattes](#)

Safety Behaviours among Adolescents with Social Anxiety Disorder – an Examination of a Finnish Clinical Sample

» [Siiri Lampela](#), Heidi Kusnetsov, Pauliina Parhiala, Mauri Marttunen, Klaus Ranta

Dialogical Selves in CBT: Therapists' Experiences of Alliance Rupture and Repair

» [Clarisse Aeaea Kilboy](#), Ma. Tonirose Mactal

Rating the rating scales: which CBT adherence measure is more reliable?

» [Emily Cooney](#), Zara Mansoor, Alice Kim

Turkish Adaptation of the Psychological Inflexibility Scale–Infertility (PIS-I): A Validity and Reliability Study

» [Ruveyda Yegen](#), Ali Çekiç, İsmail Sanberk, Mustafa Kemal Özel

Comparable Outcomes, Unequal Experiences? Online CBT After Sexual Violence in Women With and Without Minority Lived Experiences

» [Geneviève Belleville](#), Jessica Lebel, Samuel Gagné, Salomé Jean-Denis

Schema Therapy with Couples: Strengthening the Healthy Adult Mode Through AI-Assisted Visualization — A Case Study

» [Zahide Tepeli Temiz](#)

Network analysis of depression, anxiety, and stress: the role of psychological processes and well-being

» [Denisa Mălan](#), Oana Alexandra David

Scoring Goals for Mental Health: A Low-Intensity CBT Program in a Football School

» [Tore Aune](#)

Rethinking Workaholism Through a Relational Lens: A Systematic Review of Early Traumatic and Attachment-related Experiences

» [Carolina Papa](#), Simone Charpentier Mora

The Subtle Costs of Boredom: Effects on Positive Affect and the Role of Individual Differences

» [Ion Milea](#)

Emotion regulation does not predict weight trajectory in college women

» [Megane Ackermans](#), Nienke Jonker, Peter de Jong

Attention Bias and Emotional Reactivity in Perfectionism: Eye Tracking and Experimental Evidence for Context-Dependent Effects

» [Mariah Matar](#), Bérénice Delor, Céline Douilliez, Pierre Philippot



Continued from Friday, 18 September

Courage to Move: An Integrative CBT Approach for Decision-Making Difficulties

» [Asher Strauss](#)

9:30am **S380: Growing up in a world of crises – A transdiagnostic view on youth mental health**

Copper Hall | Online Broadcast

Growing up in a world of crises – A transdiagnostic view on youth mental health

» [Julia Asbrand](#), Tanja Michael, Pascal Aggensteiner, Tina Malti

9:30am **S445: Improving access to CBT in different countries**

Hall 100 | Online Broadcast

Improving access to CBT in different countries

» Samuli Saarni, [Joshua Buckman](#), Marit Knapstad, Sandra Sassaroli, Rob Saunders, Roger Munoz

9:30am **SC106: Innovative Model for the Wise and Competent Mode in schema therapy for children and adolescents**

Hall 400 | Online Broadcast

Innovative Model for the Wise and Competent Mode in schema therapy for children and adolescents

» [Diana Teodorescu](#)

9:30am **S306: Optimising CBT for Youth Anxiety: Treatment Ingredients, Cognitive Mechanisms, and Intervention Innovation**

Studio 201 A-B

Optimising CBT for Youth Anxiety: Treatment Ingredients, Cognitive Mechanisms, and Intervention Innovation

» Ivana Buric, Anke Klein, Colin Ganzevoort, Elske Salemink, [Allison Waters](#)

9:30am **S120: Identifier et dépasser les obstacles à la mise en œuvre de l'exposition en TCC**

Studio 202

Identifier et dépasser les obstacles à la mise en œuvre de l'exposition en TCC.

» [Anaïs Marmuse](#), Elias Loudrhiri, Marlène Louis, Geneviève Belleville

9:30am **S181: From Learning Fear to Treating It: Ecological and Transdiagnostic Advances in Understanding and Treating Anxiety and Stress Disorders**

Studio 204

From Learning Fear to Treating It: Ecological and Transdiagnostic Advances in Understanding and Treating Anxiety and Stress Disorders.

» [Jeanine Brouwer](#), Marie Vandormael, Naomi Carpentier

9:30am **S383: Time-Efficient Psychological Support in Palliative Care: A Feasibility Study of a 4-Session CBT Program**

Studio 206

Time-Efficient Psychological Support in Palliative Care: A Feasibility Study of a 4-Session CBT Program

» [Gabriella Vizin](#), Magdolna Dank, Róbert Urbán, Máté Ádám Balázs, Bálint Madarász, Tamás Szekeres

9:30am **S530: Many Me's: Multifaceted Understanding of "the self" in mental health**

Studio 211

Many Me's: Multifaceted Understanding of "the self" in mental health

» [Lonneke van Tuijl](#), Ivan Nyklíček, Charlotte Verhagen, Maya Schroevers



Continued from Friday, 18 September

9:30am **S167: Help-seeking Behavior of Youth for Mental Health Problems: Addressing Treatment Barriers to Improve Access to Mental Health Care**

Studio 212

Help-seeking Behavior of Youth for Mental Health Problems: Addressing Treatment Barriers to Improve Access to Mental Health Care

» [Liesbeth de Paauw-Telman](#), Denise Bodden, Sophie Dickson, Tessa Reardon

9:30am **S101: Nuance in the Digital Age: Motivations, Mechanisms, and Measurement of the Impact of Social Media on Mental Health**

Studio 213

Nuance in the Digital Age: Motivations, Mechanisms, and Measurement of the Impact of Social Media on Mental Health

» [Yannick Vander Zwalm](#), Matthias Maerevoet, Lien Faelens, Jakub Helvich, Ernst Koster

9:30am **S139: Maximizing exposure: The power of expectancy violations in the extinction of fear**

Studio 214

Maximizing exposure: The power of expectancy violations in the extinction of fear

» [Bram Vervliet](#), Anne Willems, Mario Laborda, Vanetza Quezada-Scholz, Maria Consuelo San Martin, Rianne de Kleine

9:30am **SC121: Starting Clinical Supervision in CBT: A Practical Step-by-Step Guide to Building a Trusting Supervisory Relationship while not forgetting the individual in the group**

Studio 215

Starting Clinical Supervision in CBT: A Practical Step-by-Step Guide to Building a Trusting Supervisory Relationship while not forgetting the individual in the group

» [Wannes Rambour](#)

9:30am **S410: Mindfulness-based cognitive therapy in youth: Efficacy of universal versus indicated prevention and targets for early intervention**

Studio 216

Mindfulness-based cognitive therapy in youth: Efficacy of universal versus indicated prevention and targets for early intervention

» [Guusje Collin](#), Willem Kuyken, Marbella Perez Pena, Anne Speckens

11:15am **S175: Meaning in Life Across Psychopathology: Clinical and Research Perspectives**

Studio 201 A-B

Meaning in Life Across Psychopathology: Clinical and Research Perspectives

» Lucija Žderić, Eline Huberts, Mirjam Frey, Marcel Näther, [Brian D. Ostafin](#)

11:15am **SC224: Working with interpreters in mental health settings**

Studio 202

Working with interpreters in mental health settings

» [Millay Vann](#)

11:15am **SC368: Habits, Addictions, and Resistance: The Paradoxical Triple Column in David Burns' TEAM-CBT**

Studio 204

Habits, Addictions, and Resistance: The Paradoxical Triple Column in David Burns' TEAM-CBT

» [Yehuda Bar Shalom](#)



Continued from Friday, 18 September

11:15am **S412: Mindfulness-based interventions for youth and families: mechanisms, moderators and outcomes**
Studio 206

Mindfulness-based interventions for youth and families: mechanisms, moderators and outcomes
» [Brett Kosterman Zoller](#), Francesca Bentivegna, Rüya Akdag, Esther de Bruin

11:15am **S58: Exploring the Complexities of Suicidal Ideation, Suicidal Behavior and Assisted Suicide: From theoretical models to treatment approaches**
Studio 211

Exploring the Complexities of Suicidal Ideation, Suicidal Behavior and Assisted Suicide: From theoretical models to treatment approaches
» [Heide Glaesmer](#)

11:15am **SC482: AI in Psychoeducation: Inclusive and Feasible**
Studio 213

AI in Psychoeducation: Inclusive and Feasible
» [Lien Faelens](#), Flore De Meester

11:15am **SC507: Values as a Compass in Times of Crisis: A Practical Skills Training for Goal Setting and Psychological Flexibility**
Studio 214

Values as a Compass in Times of Crisis: A Practical Skills Training for Goal Setting and Psychological Flexibility
» [Valentyňa Parobii](#)

11:15am **SC519: An Integrated CBT treatment for psychosis: Strategies to optimize the treatment and mistakes to avoid**
Studio 215

An Integrated CBT treatment for psychosis: Strategies to optimize the treatment and mistakes to avoid.

» [Antonio Pinto](#)

11:15am **SC53: Neurodiversity-Affirming CBT in Clinical Practice**
Studio 216

Neurodiversity-Affirming CBT in Clinical Practice
» [Icarus Williams](#)

11:30am **Keynote: Unique as We Are: Engaging Clients with Tailored CBT Homework**
Copper Hall | Online Broadcast

Unique as We Are: Engaging Clients with Tailored CBT Homework
» Nikolaos Kazantzis

11:30am **Keynote: Social Anxiety Disorder: bringing cognitive and contextual models together**
Hall 100 | Online Broadcast

Social Anxiety Disorder: bringing cognitive and contextual models together
» Maria do Céu Salvador

11:30am **OP17: Experimental Psychopathology**
The Arc

Investigating the effects of the Best Possible Self exercise on optimism and mental imagery in daily life: A single case series
» [Simon Blackwell](#), Fabienne Kramer, Sila Akalin, Amaya Schötz, Marcella Woud

Retrieval Practice of Inferences for Negative Events in Rumination
» [Nilly Mor](#), Gal Rabinovich, Deema Tellawi, Paula Hertel



Continued from Friday, 18 September

Bridging Research and Practice: A Review of Translational Research in Psychological Treatment

» [Anke Haberkamp](#), André Bittermann, Viktoria Ritter, Winfried Rief, Claudiu Petrulie

11:30am **Keynote: Tabletop role-playing games as transdiagnostic therapeutic tools**

Hall 400 | Online Broadcast

Tabletop role-playing games as transdiagnostic therapeutic tools

» Joël Billieux

11:30am **Three Minute Talks**

Studio 212

Efficacy and Mediation Pathways of a CBT-Integrated Tabletop Role-Playing Intervention (CBT-TRPG) for Adolescents with ADHD: A Cluster-Randomized Controlled Trial

» [Yves Cho Ho Cheung](#), Daniel Fu Keung Wong

Emotion-specific uncontrollability beliefs and their relationship with internalizing symptoms and emotion regulation in adolescents

» [Ana Rosales Domínguez](#), Esperanza García Sancho, José Martín Salguero Noguera

Feasibility and Preliminary Effectiveness of the DBT-C "Parents First" Model in Chile

» [Paulina Arango](#), María Ignacia Montt, Macarena Pi-Davanzo, Andrés Aparicio, Francheska Perepletchikova

Adaptation and Implementation of Group Schema Therapy: Practitioner perspectives

» [Karishma Rajan Menon](#), Alice Norton, Elizabeth Seeley-Wait, Shannon Webb, Rita Younan, Maree Abbott

Beyond Relief: Guilt and Emotional Distress After Institutionalization in Dementia Caregivers

» [Laura Gallego-Alberto](#), María Márquez-González, Sara Serrano-Lozano, Inés García-Batalloso, Natalia Martín-María, Andrés Losada-Baltar, Isabel Cabrera-Lafuente

Families Facing Cancer: Needs and Barriers to Accessing Psychosocial Support for Families with Children into Emerging Adulthood

» [Aline Debener](#), Lara Maria Edith Hemmy, Hannah Steinbrecht, Tanja Zimmermann

Evidence-Based Approach to Thematic Apperception Tests (TAT and CAT) in Elementary-Aged Children (Clinical and Non-Clinical): A Systematic Review of Psychometric Properties.

» [Louise Chaptal](#), Cyrille Bouvet, Rafika Zebdi

What Reaction Times Miss: Early Attentional Bias During Anticipation in Childhood Social Anxiety Disorder

» [Nadine Vietmeier](#), Nik Dietze, Brunna Tuschen-Caffier, Julia Asbrand

Timing-Based Cognitive Behavioral Therapy in ADHD: A Modular Intervention Targeting Executive Access

» [Nuran Gözpinar Bademci](#), Vahdet Görmez

Why Therapists Burnout Even When They Love Their Work

» [Aylin Webb](#)

1:30pm **S60: Mechanisms and Clinical Relevance of Loneliness: From Maintaining Factors to Intervention**

Copper Hall | Online Broadcast

Mechanisms and Clinical Relevance of Loneliness: From Maintaining Factors to Intervention

» [Carmen van den Bulck](#), Antonia Ypsilanti, Corine Dijk, Tom Cawthorne, Frankie Wardale

1:30pm **S210: Optimizing exposure in cognitive behavioral treatments for anxiety disorders in youth**

Hall 100 | Online Broadcast



Continued from Friday, 18 September

Optimizing exposure in cognitive behavioral treatments for anxiety disorders in youth

» Anke Klein, [Lara Farrell](#), Iris Langereis, Robin Zimmerman, Maaïke Nauta

1:30pm

Panel Discussion: Integrating Cognitive Behavioral Therapy into Chronic Pain Management: Psychiatric and Pain Medicine Perspectives

Hall 400 | Online Broadcast

Integrating Cognitive Behavioral Therapy into Chronic Pain Management: Psychiatric and Pain Medicine Perspectives

» Kadir Özdel, [Hakan Gunduz](#), Savaş Şencan, Sena Ece Ilgin

1:30pm

S118: Non-Suicidal Self-Injurious Cognitions and Behaviors in Daily Life

Studio 201 A-B

Non-Suicidal Self-Injurious Cognitions and Behaviors in Daily Life

» [Glenn Kiekens](#), Kristina Eggermont, Rafaël Bonnier, Mirthe Luijsmans, Dipro Mondal

1:30pm

SC107: Co-producing CBT-informed safety plans with suicidal young people and their families in emergency settings

Studio 202

Co-producing CBT-informed safety plans with suicidal young people and their families in emergency settings

» [Tiago Zortea](#)

1:30pm

S586: Screening and treatment of mental health problems in real-world settings: feasibility, acceptability, and effectiveness

Studio 204

Screening and treatment of mental health problems in real-world settings: feasibility, acceptability, and effectiveness

» Ron Rapee, [Sophie Dickson](#), Viviana Wuthrich, Tessa Reardon

1:30pm

S355: From lab to clinic (and back): How translational research can boost exposure therapy

Studio 206

From lab to clinic (and back): How translational research can boost exposure therapy

» Sara Scheveneels, [Laura Luyten](#), Katharina Meyerbröker, Elizabeth Uduwa Vidanalage, Puck Duits

1:30pm

S169: Trauma-Informed Approaches for BPD, PTSD, Cancer Patients, and Professionals Who Treat Them

Studio 211

Trauma-Informed Approaches for BPD, PTSD, Cancer Patients, and Professionals Who Treat Them

» [Dóra Perczel-Forintos](#), Zsolt Unoka, Agnieszka Popiel, Gabriella Vizin

1:30pm

S135: The cost-effectiveness and implementation of Mindfulness-Based Interventions

Studio 212

The cost-effectiveness and implementation of Mindfulness-Based Interventions

» [Sabien Bosman](#), Cate Bailey, Julieta Galante, Marloes Huijbers, Imke Hanssen

1:30pm

S303: Hormonal Transitions and Mood: Integrating the Female Reproductive Lifespan into CBT Practice

Studio 213

Hormonal Transitions and Mood: Integrating the Female Reproductive Lifespan into CBT Practice

» [Lotte Gerritsen](#), Anne Marieke Doornweerd, Marie-Anne Vanderhasselt, Jennifer MURPHY, Michele Schmitter



Continued from Friday, 18 September	
1:30pm	S132: Unique as Children and Families Are: Scaling Evidence Based Care Across Contexts <i>Studio 214</i>
	Unique as Children and Families Are: Scaling Evidence Based Care Across Contexts » Caroline Donovan, Lara Farrell , Allison Waters, Sharon Dawe
1:30pm	S82: Promising ways to improve effectiveness of (cognitive) behavioral treatments for youth with ADHD and/or disruptive behavior problems <i>Studio 215</i>
	Promising ways to improve effectiveness of (cognitive) behavioral treatments for youth with ADHD and/or disruptive behavior problems » Saskia Van der Oord , Anouk van Dijk, Constantina Psyllou, Marijn Nijboer, Roos van Doornik
1:30pm	S415: Developments in Medical Psychology: CBT for People with Chronic Illness <i>Studio 216</i>
	Developments in Medical Psychology: CBT for People with Chronic Illness » Floor Bennebroek Evertsz , Katharina Ledermann, Romina Recabarren, Francois Pouwer
1:30pm	WS7: Conceptualiser le trouble obsessionnel compulsif (TOC) selon l'approche processuelle transdiagnostique <i>Studio 311</i>
	Conceptualiser le trouble obsessionnel compulsif (TOC) selon l'approche processuelle transdiagnostique » Martine Bouvard , Nathalie Fournet, Céline Baeyens
1:30pm	WS8: Back to the future: Chairwork in contemporary CBT <i>Studio 312</i>
	Back to the future: Chairwork in contemporary CBT » Remco van der Wijngaart, Julie Krans
3:30pm	S592: Improving Access to Transdiagnostic CBT for Anxiety and Depression in Spanish Primary Care: Evidence from the PsicAP Project <i>Copper Hall Online Broadcast</i>
	Improving Access to Transdiagnostic CBT for Anxiety and Depression in Spanish Primary Care: Evidence from the PsicAP Project » Roger Munoz, Gabriel Esteller Collado , Maider Prieto Vila, Francisco Fernandez, Henry Delamain
3:30pm	S171: Repetitive Negative Thinking Across Contexts and Disorders: From Mechanisms to Intervention <i>Hall 100 Online Broadcast</i>
	Repetitive Negative Thinking Across Contexts and Disorders: From Mechanisms to Intervention » Thomas Ehring , Joanna Joy Hunsmann, Filip Raes, Daniel Tönsing, Daniel Freeman
3:30pm	SC145: Emotion regulation techniques from the Unified Protocol for individuals with Intellectual disability <i>Hall 400 Online Broadcast</i>
	Emotion regulation techniques from the Unified Protocol for individuals with Intellectual disability » Paulina Arango , Maria Consuelo San Martin
3:30pm	S124: Mindfulness-Based Interventions for chronic treatment-resistant and recurrent depression <i>Studio 201 A-B</i>



Continued from Friday, 18 September

Mindfulness-Based Interventions for chronic treatment-resistant and recurrent depression.

» Anne Speckens, Thorsten Barnhofer, Asha Ladwa, Mira Cladder-Micus, Jelle Lubbers, Willem Kuyken

3:30pm **SC238: Unique as we are: turning diagnoses into a personalized case conceptualization**
Studio 202

Unique as we are: turning diagnoses into a personalized case conceptualization.

» barbara depreeuw, Filip Raes

3:30pm **S123: Taking a Network Perspective: New Avenues for Enriching Clinical Practice**
Studio 204

Taking a Network Perspective: New Avenues for Enriching Clinical Practice

» Elizabeth de Vries, Guðrún Guðmundsdóttir, Maaïke Steenhuis, Josefine Schmitt, Lars Klintwall

3:30pm **S162: Improving access to evidence-based treatments for common mental health disorders: Lessons learned from implementation studies in Quebec (Canada)**
Studio 206

Improving access to evidence-based treatments for common mental health disorders: Lessons learned from implementation studies in Quebec (Canada)

» Martin D. Provencher, Josée Savard, Isabelle Fournel, Quentin Bet, Émilie Godin

3:30pm **S369: Beyond the Individual: Mindfulness-Based Interventions for Romantic Relationships and Communication**
Studio 211

Beyond the Individual: Mindfulness-Based Interventions for Romantic Relationships and Communication

» Tess Roder, Charlotte Borgers, Maya Schroevers, Andreas Voldstad

3:30pm **S74: Targeting Specific Mechanisms in CBT for Psychosis**
Studio 212

Targeting Specific Mechanisms in CBT for Psychosis

» Felicity Waite, Poppy Brown, Hella Janssen, Rowan Diamond, David van den Berg

3:30pm **S134: Unique Needs, Digital Solutions: Advancing CBT for Child Mental Health**
Studio 213

Unique Needs, Digital Solutions: Advancing CBT for Child Mental Health

» Lara Farrell, Anke Klein, Allison Waters, Caroline Donovan, Andre Sourander

3:30pm **S179: Scaling up school-based CBT for youth anxiety: Implementation and evaluation of the Mini-RISK program**
Studio 214

Scaling up school-based CBT for youth anxiety: Implementation and evaluation of the Mini-RISK program

» åshild tellefsen Håland, Lene Holmen Berg, Janne Wiese-Møller, Ingrid Osland, Jorid Marie Tveit

3:30pm **S423: The good, the bad, and the unknown: Mechanisms of Imagery Rescripting from lab to clinic**
Studio 215

The good, the bad, and the unknown: Mechanisms of Imagery Rescripting from lab to clinic

» Sophie Rameckers, Lotte Stemerding, Julie Krans, Milena Aleksic



Continued from Friday, 18 September	
3:30pm	S262: Treating Suicidality in Youth: From Crisis Management to Targeted Interventions <i>Studio 216</i>
	Treating Suicidality in Youth: From Crisis Management to Targeted Interventions » Marlieke Silvertand-Rijniers, Hanneke Niels-Kessels , Moa Karemyr
5pm	Keynote: Can we enhance the efficacy of cognitive reappraisal by systematically co-manipulating so-mato-sensoric information processing <i>Copper Hall Online Broadcast</i>
	Can we enhance the efficacy of cognitive reappraisal by systematically co-manipulating so-mato-sensoric information processing » Matthias Berking
5pm	Keynote: Looking Back and Looking Forward on Mental Health in Intellectual and Developmental Disabilities <i>Hall 100 Online Broadcast</i>
	Looking Back and Looking Forward on Mental Health in Intellectual and Developmental Disabilities » Romina Rinaldi
5pm	Keynote: Bridging the gap between clinicians and researchers: Using a network of services to learn how we can improve care for people with depression and anxiety <i>The Arc</i>
	Bridging the gap between clinicians and researchers: Using a network of services to learn how we can improve care for people with depression and anxiety » Joshua Buckman
5pm	(Keynote title) <i>Hall 400 Online Broadcast</i>
5pm	OP18: Anxiety, OCD and Related Processes <i>Studio 201 A-B</i>
	Examining Mental Health as a Predictor of University Dropout: A Meta-Analysis » Georgiana-Sorina Modog , Oana Alexandra David
	AI as a Cognitive-Behavioral Mirror of Schemas: Revealing Maladaptive Beliefs and Coping Processes in ChatGPT Dialogues » skerdi zahaj , Greta Hysi
	The effects of cognitive-behavioural therapy (CBT) on heart rate variability (HRV) in people with depression and/or anxiety disorders: a systematic review and meta-analysis » Ahmad Alkout
	Beyond Exposure: A Randomized Non-Inferiority Trial of Inference-Based Cognitive-Behavioral Therapy for Obsessive-Compulsive Disorder » Frederick Aardema
	Identifying Patterns of Childhood Experiences Using Latent Class Analysis: Associations with Emotional Disorders » Diana Maria Condrea , Oana Alexandra David
5pm	OP24: Training, Supervision and Workforce Development <i>Studio 202</i>
	How Do Clinicians Judge CBT Competence? A Comparative Qualitative Study of CBT-Trained and Untrained Mental Health Professionals » Fulya Türk , Aykut Kul, Zeynep Hamamci



Continued from **Friday, 18 September**

World Confederation of CBT: Low Intensity Training Guidelines

» Roz Shafran, [Helen MacDonald](#), Lata McGinn, Mehmet Sungur, Low Intensity Subcommittee Training and Accreditation Committee, Training and Accreditation Committee

To Inform or Not to Inform? Bridging Therapist Practices and Patient Preferences Regarding Negative Effects in CBT

» [Alexander Rozental](#)

5pm

OP11: Mechanisms and Processes of Change in CBT

Studio 204

When Time Speeds Up or Slows Down: A Narrative Synthesis of Anxiety, Attention, and Metacognitive Mechanisms of Subjective Time

» [Buse Cam](#)

Distinct Pathways from Attentional Shifting and Focusing to Insomnia and Depression: The Mediating Role of Rumination

» [Drey Bianchi](#), Sylvie Blairy, Audrey Krings

Migration-Related Uncertainty as a Structural Maintaining Factor: Implications for CBT Case Conceptualisation in Work with Migrant Families

» [Marina Khachatryan-Zagórska](#)

How Borderline Traits Influence Grief Cognitions: The Mediating Role of Cognitive Distortions

» [Haydeh Faraji](#)

Associations between Emotion Differentiation and Anxiety Symptoms in the Context of Psychotherapy

» [Christine Dworschak](#)

5pm

OP28: Diversity and Culture in CBT

Studio 206

Mapping Prosocial Responses Towards Socially Minoritized Individuals: Developing ProSocial Vignettes for Psychoneurophysiological Research

» [Nuno Vieira Rocha](#), Marcela Matos, The ProSocial-Living project team, Sérgio Andrade Carvalho

Same language difficulties, different emotional trajectories: a process-based and transdiagnostic interpretation of Developmental Language Disorder (DLD)

» [Eve Plateau](#), Rafika Zebdi

Coping strategies among teenagers with autism spectrum disorder without intellectual disability : a preliminary study

» [Héloïse Louvegny](#), Nathalie Nader-Grosbois

Saturday, 19 September

8:30am

Keynote: Beyond Survival: Attentional Control, Emotional Resilience and Implications for Healthcare Policy

Copper Hall | Online Broadcast

Beyond Survival: Attentional Control, Emotional Resilience and Implications for Healthcare Policy

» Nazanin Derakhshan

8:30am

Keynote: A review of evidence-based psychological interventions for psychosis

Hall 100 | Online Broadcast

A review of evidence-based psychological interventions for psychosis

» Frank Larøi

8:30am

OP3: Youth Mental Health and Development

The Arc



Continued from **Saturday, 19 September**

Anxious school refusal in adolescents: a phase 2 trial assessing the efficacy of a cognitive and behavioral therapy (CBT) day hospital program

» [Helene DENIS](#)

Expanding Early Access to Support: A UK Feasibility Study of a Digital Body Neutrality Single-Session Intervention

» Abigail Targett, Arielle Smith, Grace Perry, Isaac Ahuvia, Jessica Schleider, [Maria Loades](#)

From Parental Control to Social Avoidance: A Longitudinal Mediation Model of Fear of Negative Evaluation

» [Ionut Stelian Florean](#), Tudor Vaidean, Anca DOBREAN, Gabriela Diana Roman, Costina Ruxandra Poetar

Recovery and Shared Decision-Making in Adolescent Mental Health: Are Adult Models Fit for Youth?

» [Raffaella Di Schiena](#), Maxime Morsa, Justine Marneffe, Pauline Reciputi, Bruno Piccinin, Etienne Joiret

8:30am **OP16: Mood, Resilience and Emotional Processes**
Studio 201A

App-Based Cognitive Behavioral Therapy Self-help Intervention (Belle) for Premenstrual Dysphoric Disorder: Results of a Pilot Randomized-Controlled Trial

» [Isabella Hebel](#), Maria Kleinstäuber, Mirjam Wagner, Sinha Engel, Sophia Antonioli, Marie-Ann Sengewald, Cornelia Weise

Flip the Script: Inferential Flexibility in Daily Life

» [Amit Ashkenazi](#), Inbar ribenzon, David Berkovich, Zlil Israeli, baruch perlman, Nilly Mor

How Resilience Shapes Emotional Responses and Emotion Regulation Flexibility: Insights from a Daily Experience Sampling Study

» [Renata Gheorghiu](#), Georgiana-Sorina Modog, Diana Maria Condrea, Agnieszka Sorokowska, Piotr Sorokowski, Oana Alexandra David

Single-Item Mood Measurement and Symptomatic Change in Cognitive Behavioral Therapy: A Mixed-Models and Lagged-Analysis Approach

» Mehmet Hakan Türkçapar, Ercan Akin, [Ahmet Akgün](#), Eminhan Suna, Selin Tutku Tabur, Rana Ahsen Ak

8:30am **OP19: Anxiety, OCD and Related Processes**
Studio 202

Evaluating an Islamically Integrated Cognitive-Behavioral Workbook for Scrupulosity: A Preliminary Investigation

» [Enes Kaban](#)

The Mediating Role of Metacognitive Beliefs in the Relationship Between Dissociative Symptoms and Obsessive-Compulsive Symptoms

» [Ufuk Kocatepe Avcı](#)

Exploring the Network Structure of the Bivalent Fear of Evaluation Model: A Data-Driven Bayesian Network Analysis

» [Shota Noda](#), Sho Okawa, Motohiro Nishiuchi, Maaya Kobayashi, Justin Weeks, Stefan Hofmann

Why you, and not me? A two-year study on psychological risk factors of PTSD in firefighters

» [Miriam Lommen](#)

8:30am **OP26: Eating Disorders and Addictive Behaviours**
Studio 204

"Scarred for Life": Feelings, Thoughts, Behaviors and Social Reactions toward Non-Suicidal Self-Injury Scars in Female Patients with an Eating Disorder

» [Laurence Claes](#)



Continued from **Saturday, 19 September**

L'Orthorexie Nerveuse et le Niveau d'Activité Physique : Une Revue de la Portée

» [Alicia Moutschen](#), Yasemin Ayhan, Anne-Marie Etienne, Esin Er

Emotional Suppression and Maladaptive Cognitions as Key Drivers of Problematic Video Game Use

» [Mónica Bernaldo-de-Quirós](#), Francisco Estupiñá, Iván Sánchez-Iglesias

Développement et Validation d'un Questionnaire sur l'Orthorexie Nerveuse : l'Échelle des Comportements Orthorexiques

» [Esin Er](#), Yasemin Ayhan, Anne-Marie Etienne

Functions underlying disordered eating and non-suicidal self-injury: an ecological momentary assessment study

» [Diana Nechita](#), Stefania Crisan, Miruna Rad, Daria Cristian, Gabriela Bud, Silviu Matu, Simona Stefan

8:30am OP20: Anxiety, OCD and Related Processes

Studio 206

Prospective Mental Imagery Enhances Approach Motivation For Exposure To Feared Social Situations in Socially Anxious Individuals: A Randomized Controlled Trial Revealing Superior Efficacy in Individuals with Elevated Anhedonia

» [Andrea Stoliarov](#), Christiane Melzig, Christoph Benke

Cognitive Behavior Therapy for Depersonalization-Derealization Disorder (CBT-f-DDD): a feasibility randomized trial

» [Elaine Hunter](#)

Comparative Diagnostic Accuracy of Artificial Intelligence-based Systems for Mental Health Screening: A Systematic Review and Meta-Analysis

» [Maria Dacina Neciu](#), Răzvan Predatu, Liviu Fodor, Daniel David

8:30am WS9: Upskilling to work with older adults: Key differences from standard practice

Studio 311

Upskilling to work with older adults: Key differences from standard practice.

» [Viviana Wuthrich](#)

8:30am WS10: Integrating Cognitive Behavioural Therapy in the Management of Rheumatic Autoimmune Conditions

Studio 312

Integrating Cognitive Behavioural Therapy in the Management of Rheumatic Autoimmune Conditions

» [Christina Golemati](#)

9:30am S80: Psychological Rich Life and Generalised Anxiety in Emerging Adults: Mediating Roles of Resilience and Emotional Processes with Implications for Psychotherapy

Copper Hall | Online Broadcast

Psychological Rich Life and Generalised Anxiety in Emerging Adults: Mediating Roles of Resilience and Emotional Processes with Implications for Psychotherapy

» [Murat Yildirim](#), Mustafa Ercengiz

9:30am S487: Understanding Change in Compassion-Based Interventions: Mechanisms, Self-Relating, and Psychological Processes

Hall 100 | Online Broadcast

Understanding Change in Compassion-Based Interventions: Mechanisms, Self-Relating, and Psychological Processes

» Niki (Nicola) Petrocchi, [Jelle Lubbers](#), Vera Scheepbouwer, Imke Hanssen, Marcela Matos

9:30am SC184: CBT Skills for Female Sexual Interest/Arousal Disorder: Modifying Dysfunctional Sexual Standards and Restoring Erotic Engagement

Hall 400 | Online Broadcast



Continued from **Saturday, 19 September**

CBT Skills for Female Sexual Interest/Arousal Disorder: Modifying Dysfunctional Sexual Standards and Restoring Erotic Engagement

» [Bengü Yücens](#), Ayşegül Kart Dalyan, Şengül Altınöz

9:30am

S133: Uniquely Supported: Expanding Access through Parent Led Solutions for Child Anxiety and Sleep

Studio 201 A-B

Uniquely Supported: Expanding Access through Parent Led Solutions for Child Anxiety and Sleep

» Chloe Chessell, Caroline Donovan, [Lara Farrell](#), Beril Can, Cathy Creswell

9:30am

SC440: Beyond the 'Difficult Client': Changing Behaviour Where It Actually Matters — Across Teams, Organisations and Systems

Studio 202

Beyond the 'Difficult Client': Changing Behaviour Where It Actually Matters — Across Teams, Organisations and Systems.

» [anne neyskens](#), katleen Schols

9:30am

S93: Parent-led CBT for Child Anxiety Across Cultural Contexts: Adaptations, Evidence and Implementation from the UK, Czechia, Chile, and Iceland

Studio 204

Parent-led CBT for Child Anxiety Across Cultural Contexts: Adaptations, Evidence and Implementation from the UK, Czechia, Chile, and Iceland

» [Marta Fiserova](#), Marie Polaskova, Miguel Cordero, Chloe Chessell, Brynjar Halldórsson, Thuridur Hallgrímsdóttir Vidar, Cathy Creswell

9:30am

S138: Interoception in Anxiety and Beyond: A Transdiagnostic Perspective for Psychopathology and Psychotherapy

Studio 206

Interoception in Anxiety and Beyond: A Transdiagnostic Perspective for Psychopathology and Psychotherapy

» Jennifer MURPHY, Alexander Gerlach, Anna Pohl, [Olivier Desmedt](#)

9:30am

S208: The missing half of CBT: Perspectives on Understanding and Reversing Diminished Pleasure

Studio 211

The missing half of CBT: Perspectives on Understanding and Reversing Diminished Pleasure

» [Bram Vervliet](#), Filip Raes, barbara depreeuw, Liesbeth Bogaert, Anna Wester

9:30am

S47: Understanding and intervening in the process of sexual arousal

Studio 212

Understanding and intervening in the process of sexual arousal

» [Philippe Kempeneers](#), Patricia M. Pascoal, Axel Bourcier, Marieke Dewitte

9:30am

S178: School accommodation in youth anxiety: From conceptualization to large-scale implementation

Studio 213

School accommodation in youth anxiety: From conceptualization to large-scale implementation

» [åshild tellefsen Håland](#), Thomas Bjerregaard Bertelsen, Andreas Nydal, Eivind R. Strand

9:30am

S146: Unique as we respond: Understanding and predicting heterogeneous mental health outcomes following traumatic events

Studio 214

Unique as we respond: Understanding and predicting heterogeneous mental health outcomes following traumatic events.

» [Chris Hoeboer](#), Mirjam van Zuiden, Cherie Armour, Charlotte Hilberdink, Greta Piwanski



Continued from **Saturday, 19 September**

9:30am	S160: Understanding Mental Disorders as Idiosyncratic Symptom Networks: Mapping and Forecasting Trajectories <i>Studio 215</i>
	Understanding Mental Disorders as Idiosyncratic Symptom Networks: Mapping and Forecasting Trajectories » Anita Jansen, Emma Turmaine , Mila Dix, Merel Kindt
9:30am	SC498: Treating Overthinking in Groups: A Transdiagnostic Approach — Key Practical Tools <i>Studio 216</i>
	Treating Overthinking in Groups: A Transdiagnostic Approach — Key Practical Tools » Filip Raes, Tine Daeseleire
11:30am	Keynote: From Preventing Depression to Promoting Human Flourishing: MBCT Comes of Age <i>Copper Hall Online Broadcast</i>
	From Preventing Depression to Promoting Human Flourishing: MBCT Comes of Age » Willem Kuyken
11:30am	Keynote: Emotion, Culture, and Therapy: Why “Not-Knowing” must also be “Culturally Informed” <i>Hall 100 Online Broadcast</i>
	Emotion, Culture, and Therapy: Why “Not-Knowing” must also be “Culturally Informed” » Jozefien De Leersnyder
11:30am	OP4: Youth Mental Health and Development <i>Studio 201A</i>

The Association Between Emotional Clarity and Disordered Eating is Mediated by Flexible Emotion Regulation: A Daily-Diary Study in Youth

» [Christine Dworschak](#)

Social adversity and Paranoia in Adolescents

» [Jess Kingston](#)

Treating Unhelpful Suspicious and Paranoid Thoughts in adolescents: a school-based case series

» Nikki Lonsdale, Jess Kingston, [Christopher Taylor](#)

The Reinforcing Role of Leisure Activities: Longitudinal Associations With Depressive Symptoms in Spanish Youth

» [V́ctor Amorós-Reche](#), Jose P. Espada, Mireia Orgilés

11:30am **OP27: Eating Disorders and Addictive Behaviours**
Studio 202

Cross-Cultural Perspectives on the Effectiveness of Acceptance and Commitment Therapy for Alcohol-Use: A Meta-Analysis

» [Bianca Ceasar](#), Daniel David

Looking beyond addictive processes: emotional nonacceptance in cocaine use disorder with food addiction

» [Alba Palazón-Llecha](#)

ACT-ED: Brief Eating Disorder Prevention for High-Risk Women

» [Emine Serra Nebati](#), Hasan Turan Karatepe, Mücahit Öztürk

Developmental Trajectories of Eating Disorder Symptoms from Adolescence to Adulthood and Their Associations with Psychopathology and Adiposity

» [Kirsti Akkermann](#), Kadi Reintam, Katre Sakala

11:30am **OP5: Youth Mental Health and Development**
Studio 206



Continued from **Saturday, 19 September**

Evaluating a ChatGPT-Powered Chatbot for Adolescent Bullying Bystanders: A Formative Expert Study

» [Raluca Balan](#), Thomas P. Gumpel

Reciprocal Relations Between Adherence and Child Problem Severity in a Blended Anxiety Intervention

» [Bárbara Pereira](#)

Emotion Management Map (EMM-CBT): A Transdiagnostic CBT Approach to Mapping and Modifying Emotional Processes in Youth

» [Marija Mitkovic-Voncina](#)

11:30am Three Minute Talks

Studio 211

Efficacy of Psychotherapy on Body Image in Patients with Eating Disorders: Systematic Review and Meta-Analysis

» [Carolyn Wolters](#)

Abdominal Pain in the Emergency Department (ABOARD): a qualitative study exploring the experience and needs of high impact users with abdominal pain

» [Jo Daniels](#), Amelia Parchment, Elizabeth Jenkinson, Edd Carlton

Preliminary results of a CBT group intervention for the integrated treatment of Substance Use Disorder and Post-Traumatic Stress Disorder in an addiction treatment center.

» [Thibault HENNEQUIN](#)

Testing an SDT Enhanced Body Functionality Intervention: A Randomized Trial Comparing Classic and Motivationally Augmented Expand Your Horizon

» [Eva Roy](#)

Sexual Coercion and Perceived Sexual Knowledge Positively Predict Comfort Communicating About Sex in Young Adults

» [Maya Bina Vannini](#)

The psychological impact of lipedema on a sample of Italian women compared to a control group.

» [Nerina Fabbro](#), Valentina Bassi, Alberto Onorato