

THURSDAY 17 SEPTEMBER

Time	Hall	Talk
8:30am	Copper Hall	Keynote: The Mental Health Trap of Poverty Bram Vervliet
8:30am	Hall 100	Keynote: Cultural Adaptation of CBT Peter Phiri
8:30am	Hall 400	OP1: Youth Mental Health and Development Long Covid in Children and Young People: Where does CBT fit in? <u>Anna Coughtrey</u> , Roz Shafran, Snehal Pinto Pereira, Terence Stephenson On the Protective Role of Self-Compassion Throughout the Postpartum Period <u>Katrijn Brenning</u> , lumein hillewaert Addressing Child Anxiety Treatment Gap in Czechia: Parental Needs and Parent-Led CBT Adaptation <u>Marie Polaskova</u> , Marta Fiserova Into the Worry Spiral: A Qualitative Study Exploring the Cognitive-Behavioural Mechanisms of Generalised Anxiety Disorder in Adolescents <u>Lottie Shipp</u> , Polly Waite, Eleanor Leigh, Ray Percy Repetitive negative thinking in adolescence: a mixed methods study <u>Nikki Huang</u> , Michelle Moulds, Jill Newby, Aliza Werner-Seidler
9:30am	Copper Hall	S122: Addressing Youth Mental Health Needs Across Educational Systems: From Needs Assessment to Intervention Development and Effectiveness Natalia Aguayo-Verdugo, Jala Rizeq, Denise Bodden, Jennifer de Lange
9:30am	Hall 100	S128: Clinical Trajectories of Insomnia Across Emotional Disorders: A Process-Based Perspective Audrey Krings, Colleen Carney, Geneviève Belleville, Emilie Stern

9:30am	Hall 400	SC263: CBT for Avoidant/Restrictive Food Intake Disorder Hakan Öğütlü
11:30am	Copper Hall	Keynote: From Restructuring to Relating: How Compassion Transforms the Therapeutic Process in Cognitive Behavioral Therapy Niki (Nicola) Petrocchi
11:30am	Hall 100	Keynote: Advances in personalized and precision mental health care Jaime Delgadillo
11:30am	Hall 400	Keynote: From Idiographic Case Formulation to Evidence-Based Transdiagnostic CBT in Real-World Settings Ebru Şalcıoğlu
1:30pm	Copper Hall	S130: CBT for anxiety and OCD in children: the role of parents and school professionals Lidewij Wolters, Maaïke Nauta, Sanne Kleiborn, Juul Veeger, Ron Rapee
1:30pm	Hall 100	S163: Embracing the complexity of emotion dysregulation: a multidimensional and transdiagnostic perspective Alejandra Vaqué, Maria Benkirane, Elena Costache, Louise Perrin
1:30pm	Hall 400	Panel Discussion: Unique as We Are: Personalising CBT and Evidence-Based Psychological Interventions Across Development, Disability, Compassion, Mindfulness, and Process-Based Change Chair: Nikolaos Kazantzis Keynote Speakers: Cecilia A. Essau, PhD, Stefan G. Hofmann, PhD, Willem Kuyken, PhD, Niki Petrocchi, PhD, and Romina Rinaldi, PhD.
3:30pm	Copper Hall	S478: Depressive symptoms in children and adolescents: associated factors and their role in (anxiety) treatment Bonny van Steensel, Anke Klein, Denise Bodden, Liesbeth de Pauw-Telman, Heleen Goemaere, Caroline Braet
3:30pm	Hall 100	S141: From Detection to Treatment: Trauma-Related Mechanisms and CBT-Informed Interventions in Intimate Partner Violence

Nicole van Gelder, Erica Pugliese, Federica Nava, Federica ViscoComandini

3:30pm	Hall 400	S172: Transdiagnostic Applications of Exposure Therapy: Expanding the Boundaries of Behavioural Treatment Skye King
5pm	Copper Hall	Keynote: Improving CBT from Molecules to Models Stefan G. Hofmann
5pm	Hall 100	Keynote: LGBTQ-Affirmative Mental Health Care: From Theory to Trials to Community Implementation John Pachankis

FRIDAY 18 SEPTEMBER

Time	Hall	Talk
8:30am	Copper Hall	Keynote: Cultural Adaptation of CBT for Youth Anxiety and Depression in Non-WEIRD Nations Cecilia A. Essau
8:30am	Hall 100	Keynote: Digital Mental Health: From Promise to Practice to Pause? Ioana R. Podina
9:30am	Copper Hall	S380: Growing up in a world of crises – A transdiagnostic view on youth mental health Julia Asbrand, Tanja Michael, Pascal Aggensteiner, Tina Malti
9:30am	Hall 100	S445: Improving access to CBT in different countries Samuli Saarni, Joshua Buckman, Marit Knapstad, Sandra Sassarolli, Rob Saunders, Roger Munoz
9:30am	Hall 400	SC106: Innovative Model for the Wise and Competent Mode in schema therapy Diana Teodorescu
11:30am	Copper Hall	Keynote: Unique as We Are: Engaging Clients with Tailored CBT Homework Nikolaos Kazantzis

1:30am	Hall 100	Keynote: Social Anxiety Disorder: bringing cognitive and contextual models together Maria do Céu Salvador
11:30am	Hall 400	Keynote: Tabletop role-playing games as transdiagnostic therapeutic tools Joël Billieux
1:30pm	Copper Hall	S60: Mechanisms and Clinical Relevance of Loneliness: From Maintaining Factors to Intervention Carmen van den Bulck, Antonia Ypsilanti, Corine Dijk, Thomas Cawthorne, Frankie Wardale
1:30pm	Hall 100	S210: Optimizing exposure in cognitive behavioral treatments for anxiety disorders in youth Anke Klein, Lara Farrell, Iris Langereis, Robin Zimmerman, Maaïke Nauta
1:30pm	Hall 400	Panel Discussion: Integrating Cognitive Behavioral Therapy into Chronic Pain Management: Psychiatric and Pain Medicine Perspectives Kadir Özdel, Hakan Gunduz, Savaş Şencan, Sena Ece İlgin
1:30pm-17:00pm	Online Workshop	Adapted online-only version of “Understanding and Transforming Self-Criticism in Compassion Focused Therapy” Nicola Petrocchi
3:30pm	Copper Hall	S592: Improving Access to Transdiagnostic CBT for Anxiety and Depression in Spanish Primary Care: Evidence from the PsicAP Project Roger Munoz, Gabriel Esteller Collado, Maider Prieto Vila, Francisco Arnaldo Fernández, Henry Delamain
3:30pm	Hall 100	S171: Repetitive Negative Thinking Across Contexts and Disorders: From Mechanisms to Intervention Thomas Ehring, Joanna Joy Hunsmann, Filip Raes, Daniel Tönsing, Daniel Freeman
3:30pm	Hall 400	SC145: Emotion regulation techniques from the Unified Protocol for individuals with Intellectual disability Paulina Arango, Maria Consuelo San Martin

5pm	Copper Hall	Keynote: Can we enhance the efficacy of cognitive reappraisal by systematically co-manipulating so-mato-sensoric information processing Matthias Berking
5pm	Hall 100	Keynote: Looking Back and Looking Forward on Mental Health in Intellectual and Developmental Disabilities Romina Rinaldi
5pm	Hall 400	Keynote: Bridging the gap between clinicians and researchers: Using a network of services to learn how we can improve care for people with depression and anxiety Joshua Buckman

SATURDAY 19 SEPTEMBER

Time	Hall	Talk
8:30am	Copper Hall	Keynote: Beyond Survival: Attentional Control, Emotional Resilience and Implications for Healthcare Policy Nazanin Derakhshan
8:30am	Hall 100	Keynote: A review of evidence-based psychological interventions for psychosis Frank Larøi
9:30am	Copper Hall	S80: Psychological Rich Life and Generalised Anxiety in Emerging Adults: Mediating Roles of Resilience and Emotional Processes with Implications for Psychotherapy Murat Yildirim, Mustafa Ercengiz
9:30am	Hall 100	S487: Understanding Change in Compassion-Based Interventions: Mechanisms, Self-Relating, and Psychological Processes Niki (Nicola) Petrocchi, Jelle Lubbers, Vera Scheepbouwer, Imke Hanssen, Marcela Matos
9:30am	Hall 400	SC184: CBT Skills for Female Sexual Interest/Arousal Disorder: Modifying Dysfunctional Sexual Standards and Restoring Erotic Engagement <u>Bengü Yücens</u> , Ayşegül Kart Dalyan, Şengül Altınöz
11:30am	Copper Hall	Keynote: From Preventing Depression to Promoting Human Flourishing: MBCT Comes of Age Willem Kuyken
11:30am	Hall 100	Keynote: Emotion, Culture, and Therapy: Why “Not-Knowing” must also be “Culturally Informed” Jozefien De Leersnyder